

Academy of Lifelong Learning Fall 2023 Schedule

DAY TRIP Explore El Campo!

HOBBIES Creating with Clay: Pottery

COOKING Homemade Salad Dressing

HISTORY Tools of the Early Texans



An Equal-Opportunity Institution

Cover photo courtesy of Noreen Perry, ALL Member



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# WELCOME!

#### Workforce & Continuing Education Academy of Lifelong Learning (ALL)

Welcome to our Academy of Lifelong Learning Fall 2023 schedule. The Academy of Lifelong Learning is a member-driven organization for active adults, offering classes and social activities for continued intellectual and personal growth.

- Participate in social activities;
- Share a love of learning with people who will broaden your life;
- Study under the guidance of members who represent a wide range of expertise & life experiences;
- Share your avocation or formal training as an ALL instructor;
- Develop friendships with a diverse group of people;
- Be part of a collective voice of active adults in the community



#### Contact Us • (361) 582-2520



# How to Become a Member

The annual membership dues for ALL-Victoria are \$60 and renew each fall. Members joining after January 1st will receive a discounted rate of \$40 for the remainder of the year. Membership entitles you to participate in any of the ALL-Victoria activities offered during the fall and spring semesters at no additional charge, with the exception to a few activities that have a supply or travel fee. These are noted in the schedule.

#### There are several ways to join ALL-Victoria:

#### **IN PERSON**

You may join in person in the Academy of Lifelong Learning Office:

Victoria College Emerging Technology Complex Conference & Education Center, Room 309 7403 Lone Tree Road Victoria, TX 77905

#### EMAIL

You may become an ALL-Victoria member by emailing the completed membership form and liability release (pages 25 & 26) to WCE@VictoriaCollege.edu.

#### MAIL

You may mail the completed membership form and liability release (pages 25 & 26) to:

Victoria College Emerging Technology Complex Conference & Education Center Attention: Academy of Lifelong Learning 7403 Lone Tree Road Victoria, TX 77905



#### Pickleball for Experienced Players<sup>+</sup>

Mondays\* Aug. 7-Dec. 4 8:45-10:45 a.m.

(No Pickleball on Sept. 4 and Nov. 20)

Pickleball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It is a fun sport and a great way to exercise. Victoria College's Sports Center will have open gym time on Mondays for experienced pickleball players. Participants are expected to assist in set-up and tear down of courts each day of play.

\*Attendees must have previously attended Pickleball for Experienced Players or demonstrate basic understanding and proficiency of the game.

Class Fee: \$20 Maximum: 28 players Location: VC Sports Center 2200 E. Red River Street, Victoria, TX

#### **Beginner Pickleball<sup>+</sup>**

Fridays\* Aug. 11-Dec. 8 8:45-10:45 a.m.

(No Pickleball on Nov. 24)

Pickleball is a paddle sport created for all ages and skill levels that combines many elements of tennis, badminton, and ping-pong. Victoria College's Sports Center will have open gym time on Fridays for beginners and experienced players. Participants are expected to assist in set-up and tear down of courts each day of play.

<sup>+</sup>A paddle may be borrowed for the first couple weeks of play. Attendees will then be encouraged to purchase their own paddles.

Class Fee: \$20 Maximum: 28 players Location: VC Sports Center 2200 E. Red River Street, Victoria, TX

#### Intro to American Mah Jongg Mondays\*

Aug. 7, 14, & 21 10 a.m.-Noon

Learn the basics of how to play American Mah Jongg in the classroom environment before jumping into live play. If you are new to American Mah Jongg or need a quick review, this is the class for you!

#### Maximum: 8 players

**Study Leader:** Elgene Henry, ALL Member **Location:** VC Emerging Technology Complex Conference & Education Center, Room 314 7403 Lone Tree Road, Victoria, TX

#### Mah Jongg

Mondays\* Aug. 7-Dec. 11 1-5 p.m. (No Mah Jongg on Sept. 4 and Nov. 20)

Mah Jongg is a game of Chinese origin usually played by four persons with tiles that are drawn and discarded until one player secures a winning hand. Monday is open playing session for beginner and experienced American and Chinese Mah Jongg players.

#### Maximum: 28 players

*Location:* VC Emerging Technology Complex Conference & Education Center, Room 314 7403 Lone Tree Road, Victoria, TX



\*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

#### **Bunco**

Thursdays\* Aug. 10, 24 Sept. 7, 21 Oct. 5, 19 Nov. 2, 16 Dec. 7 2-4 p.m.

Bunco is an old parlor dice game, played in groups of 4, where teams score points while taking turns rolling three dice. A bunco is achieved when a person rolls 3 sixes. Participants are asked to bring a \$10 donated unwrapped gift to each game day to be used as prizes.

#### Maximum: 28 players

*Location:* VC Emerging Technology Complex Conference & Education Center, Room 314 7403 Lone Tree Road, Victoria, TX

#### **Dominoes**

Thursdays\* Aug. 17, 31 Sept. 14, 28 Oct. 12, 26

Nov. 9, 30 1:30-4:30 p.m.

Dominoes is a family of tile-based games which test both skill and patience. Dominoes will be available during this open-play period for members to play .42, Straight, Moon, and Mexican Train variations.

*Maximum:* 28 players *Location:* VC Emerging Technology Complex Conference & Education Center, Room 314 7403 Lone Tree Road, Victoria, TX



\*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

#### A Historic Day in Goliad March 25, 2023





# AUGUST At a Glance

Aug. 8 Lifestory Informational Meeting

Aug. 9 Insight into ALL- An Interactive Q&A

Aug. 15 Strike up the Fun- Bowling

Aug. 16 Crafternoon

Aug. 17 All Around Town Series: *Texas Seafood* 

Aug. 22 • Sept. 5, 19 • Oct. 3, 17, 31 Nov. 14, 28 • Dec. 12 Lifestory

Aug. 22 Orphan Train Movement

Aug. 23 Cuero: A Quaint Town

Aug. 24 Homemade Salad Dressings

Aug. 29 Premier World Discovery Travel Presentation

Aug. 29 Collette Travel Presentation

**Aug. 30** Empowering Minds: Nurturing Mental Health through Purposeful Goals

Aug. 30 Beneficial Bugs

#### Lifestory Informational Meeting Tuesday

Aug. 8 1:30 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the informational meeting, participants will learn about Lifestory, including how the sessions are facilitated and what to expect out of each session.

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

## Insight into ALL- An Interactive Q&A

Wednesday Aug. 9 10 a.m.

Whether you are a new or seasoned ALL member, this class is for you. Hear the latest updates and changes for the Academy of Lifelong Learning from Program Specialist Marisol Johnson and WCE Director Rachel Nessel. Learn the answers to frequently asked questions and how to get the most out of this organization. Members are encouraged to ask questions and provide suggestions.

**Study Leader:** Marisol Johnson, ALL Program Specialist and Rachel Nessel, Director of WCE **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Strike up the Fun- Bowling

Tuesday Aug. 15 2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 newly remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Whether you're framed for strikes or gutterly ridiculous, we welcome you to bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8 Maximum: 29 Location: Century Lanes 3401 John Stockbauer, Victoria, TX

#### Crafternoon Wednesday Aug. 16 2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity, puzzles, and crafts. In this laid-back class you can color, challenge your mind with puzzles, or bring your own crafts to work on. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials and puzzles will be provided, or feel free to bring a project of your own to work on!

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### All Around Town Series: Texas Seafood

Thursday Aug. 17 11:30 a.m.



Get some of the best seafood in town at Texas Seafood! Not only do they feature favorites like shrimp boils and

a variety of fried seafood baskets, but they also have a number of authentic Vietnamese dishes. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Texas Seafood 304 E. Rio Grande Street, Victoria, TX

#### Lifestory

Tuesdays Aug. 22 Sept. 5, 19 Oct. 3, 17, 31 Nov. 14, 28 Dec. 12 1:30-3 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the Lifestory Workshop participants will share stories they have written and receive positive feedback.

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Orphan Train Movement Tuesday Aug. 22 3 p.m.

The Orphan Train Movement was a welfare program that transported orphaned children to foster homes throughout the country. This lecture covers the origins and development of the Orphan Train Movement. It also includes quotes from a number of the orphans and an examination of the nature of the program.

**Study Leader:** Dr. Karen Hagan, Professor of History, Victoria College **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Cuero: A Quaint Town**

Wednesday Aug. 23 10 a.m.

Enjoy a day visiting museums of Cuero and explore the history of this quaint, yet fascinating town. The Cuero Heritage Museum is dedicated to celebrating the people of Cuero and their unique heritage. Because a pharmacy was more than just for medicine, the Pharmacy and Medical Museum of Texas is able to show a glimpse into the early life of Texas. Members will enjoy a Dutch-treat lunch at a local restaurant. Transportation is NOT provided.

Class Fee: \$20 Maximum: 19 Location: Cuero, TX

#### Homemade Salad Dressings Thursday Aug. 24 1 p.m.

Say goodbye to store-bought dressings and transform your salads with healthy dressings made from scratch. From zesty vinaigrettes to creamy blends, participants will learn how to create dressings that elevate any salad. Using fresh ingredients, aromatic herbs, and quality oils, participants will learn how to customize dressings to suit taste preferences and experiment with different flavor profiles.

#### Class Fee: \$5

**Maximum:** 20

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Premier World Discovery Travel Presentation

Tuesday Aug. 29 10 a.m.

ALL has partnered with Premier World Discovery to offer exciting domestic and international trips for 2024! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- Washington DC Cherry Blossoms- April 2024
- Best of Chicago- May 2024
- Landscapes & Lighthouses of Coastal Maine- Sept. 2024

• Highlights of Italy's Amalfi Coast- Nov. 2024

See page 24 for additional trip details.

**Study Leader:** Kimberly Torres, District Sales Manager, Premier World Discovery **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Collette Travel Presentation**

Tuesday Aug. 29 1 p.m.

ALL has partnered with Collette Travel Company to offer exciting domestic and international trips for 2024! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- British Landscapes- March 2024
- Western Canada's Rockies, Lakes & Wine Country- June 2024
- Pacific Northwest and California- Aug. 2024
- Classical Greece- Oct. 2024

See page 24 for additional trip details.

**Study Leader:** Mike Sprute, District Sales Manager, Collette **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX



#### Beneficial Bugs Wednesday

Aug. 30 10:30 a.m.

There are various creepy crawlies and critters in your garden- both good and bad. Learn to differentiate between the two and understand the delicate balance between pests and beneficial bugs. Let Marcia help you unlock the secrets to a flourishing and pest-resistant garden.

Study Leader: Marcia Kauffman, ALL Member and Master Gardener Location: VC Emerging Technology Complex

Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Empowering Minds: Nurturing Mental Health through Purposeful Goals Wednesday Aug. 30 2 p.m.

We all have mental health, but we don't always think about how goal setting can help promote healthier minds. Attendees will learn the importance of bettering mental health through creating goals and healthy habits. End by practicing a goal setting journaling activity to kickstart turning daily bad habits into habits which better support our long-term goals and overall mental health. It's never too late to set your goals for the year!

**Study Leader:** Abigail Muehlbrad, Prevention Specialist, Mid-Coast Family Services **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

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Master

Mid-Coast Chapter

Thank you Texas Master Naturalist for your partnership and offering ALL educational and inspiring classes.



#### Victoria College extends a thank you to all of the volunteers who help make ALL a success.

Without the many volunteers helping with committees, instructing classes, and organizing activities, ALL would not exist! We appreciate our many community members who have volunteered their time and expertise that allow us to offer a variety of classes. Thank you, ALL volunteers, for proving that learning never goes out of style!

#### Ways to Volunteer:

Join a committee • Help with Open House Submit/recruit ideas for new classes Become an ALL instructor

For more information, call (361) 582-2520 or email

WCE@VictoriaCollege.edu.

### VICTORIA COLLEGE



# Take a Book, Leave a Book

Find a book you like? Take it.

When you are finished you can: Return it • Keep it • Pass it on to a friend

Have a book you want to share? Leave it.

The Book Exchange is located on the third floor of VC's Emerging Technology Complex, Conference & Education Center, Room 301.

# **EXTRA OPPORTUNITIES**

DATE	EVENT/ACTIVITY	TIME	LOCATION
Sept. 12	LYCEUM LECTURE: Joel Salatin	6 p.m.	Leo J. Welder Center for the Performing Arts
Oct. 17	LYCEUM LECTURE: Dr. Tatiana Erukhimova	11 a.m.	Victoria Fine Arts Center

The Charms of Tea May 11, 2023



# **SEPTEMBER** At a Glance

Sept. 6 All Around Town Series: *Froggy's Grub & Pub* 

Sept. 6 Game On: Bring Your Own Fun

Sept. 7 Before the Ambulance Arrives

Sept. 12 Home Remedies for Everyday Health Ailments

**Sept. 12** Strike up the Fun- Bowling

Sept. 13 Five Basic Mother Sauces

Sept. 13 Art of Tortilla Making

Sept. 14 Life's Treasures: Estate Sales 101

Sept. 19 Texas Master Naturalist Series: Fall Pollinator Garden Tour

Sept. 20 Creating with Clay: Pottery

**Sept. 20** Gentle Yoga

Sept. 21 VPL Book Club: *Hidden Figures* 

**Sept. 26** Texas Master Naturalist Series: *Wildlife Tour at Barnhart Q5 Ranch* 

Sept. 26 Introduction to Crochet: Coral Reefs

Sept. 27 Explore El Campo!

Sept. 28 Fire Station Tour

#### All Around Town Series: Froggy's Grub & Pub

Wednesday Sept. 6 11:30 a.m.



Hop on over to Froggy's Grub & Pub for your favorite meals and drinks! Wednesday is all-day happy hour on drinks and select appetizers. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Froggy's Grub & Pub 2902 N. Navarro Street, Victoria, TX

#### Game On: Bring Your Own Fun Wednesday

Sept. 6 2-4 p.m.

Calling all game enthusiasts! Whether you're a fan of strategy, trivia, card games, or cooperative adventures, this class provides the perfect setting to showcase your game collection and bond with fellow game enthusiasts. Grab your favorite games and join fellow ALL members for an unforgettable afternoon of laughter, strategy, and endless fun. Attendees can bring one, or a few, of their favorite games to play with the group. Let the games begin!

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Before the Ambulance Arrives**

Thursday Sept. 7 10:30 a.m.

Have you ever been caught in an emergency situation and not known whether or not you should call an ambulance, or what you should do while waiting for an ambulance to arrive on the scene? During this demonstration participants will learn when to call 911 and what to do before the ambulance arrives. By the end of this empowering class, attendees will be equipped with the knowledge to make a difference and potentially save lives in critical situations.

**Study Leader:** Ricky De La Garza, EMS CE Coordinator & Instructor, Victoria College **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Home Remedies for Everyday Health Ailments

Tuesday Sept. 12 10 a.m.

Unlock the wisdom of traditional remedies and explore natural solutions for common minor ailments and everyday health issues such as colds, indigestion, headaches, and muscle pain. With expert guidance and a focus on safety and effectiveness from Dr. Phylis B. Canion, FAAIM, CNC, you can empower yourself with the knowledge to promote well-being.

**Study Leader:** Dr. Phylis Canion, Owner, Organic Emporium **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Strike up the Fun- Bowling

Tuesday Sept. 12 2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 newly remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Whether you're framed for strikes or gutterly ridiculous, we welcome you to bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8 Maximum: 29 Location: Century Lanes 3401 John Stockbauer, Victoria, TX



#### Five Basic Mother Sauces Wednesday Sept. 13 10 a.m.

Expand your culinary knowledge and join Dennis Patillo on a flavorful journey to discuss the five basic mother sauces: bechamel, velouté, Espagnole, tomato, and Hollandaise sauce. These essential building blocks of French cuisine are sure to elevate your cooking skills to a whole new level. Bring your curiosity and appetite for knowledge.

**Study Leader:** Dennis Patillo, Owner, The PumpHouse Riverside Restaurant and Bar **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Art of Tortilla Making**

Wednesday Sept. 13 1:30 p.m. OR 3:30 p.m.

Discover the time-honored techniques and secrets behind crafting authentic, handmade tortillas and savor the satisfaction of learning how to make this Mexican cuisine staple from scratch. Participants will make tortillas in class to taste test and take home a kit to make a fresh batch for dinner.

Class fee: \$5 Maximum: 12 Study Leader: Bridgitte Postel Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Life's Treasures: Estate Sales 101 Thursday Sept. 14 10:30 a.m.

Estate sales are known to be held after a person passes, but they can also be held for reasons such as moving or downsizing. Estate sale companies have knowledge and experience with pricing items and general value knowledge of all types of household goods. Do you know all of the options available to you? Come learn everything you need to know about estate sales.

**Study Leader:** Chris Hummel, Owner, Crossroads Estate Sales

Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Texas Master Naturalist Series: Fall Pollinator Garden Tour



Tuesday Sept. 19 4:30-6:30 p.m.

Beth Hudson and Janet McCrea invite you back to their working pollinator gardens for a seasonal educational visit. A fall garden can be magnificently accented by butterfly activity around the fall bloomers. See the beauty and changes happening in Beth and Janet's fall gardens and hear their future gardening plans. Transportation is NOT provided.

**Study Leaders:** Beth Hudson, ALL Member and Texas Master Gardener & Janet McCrea, ALL Member, Texas Master Gardener, and Texas Master Naturalist **Location:** Meet at Kirkland's Parking Lot, 7906 Zac Lentz Parkway, Victoria, TX

#### **Creating with Clay: Pottery**

Wednesday Sept. 20 9 a.m. OR 1 p.m.

Experience the thrill of working with clay at Crossroads Art Houses' pottery studio. With expert guidance, you'll explore the art of clay work on a pottery wheel creating a cup. Then, experiment with hand-building methods to create a functional and aesthetically pleasing jewelry tray or planter. Finished projects will be kiln fired and available to pick up at a later date. Participants can return to Crossroads Art House to glaze their projects for an additional fee. Transportation is NOT provided.

Class Fee: \$25 Maximum: 15 Study Leader: Claire Santellana, Owner, Crossroads Art House Location: Crossroads Art House 2914 N. Laurent Street, Victoria, TX

#### Gentle Yoga Wednesday Sept. 20 2 p.m.

Gentle yoga is a form of yoga that demonstrates easy and simple poses that may help with health issues such as lower back pain, sciatica, and even stress. It can help you regain strength and flexibility. This session will focus on yoga poses that will help you feel better in your body. Mats and bands will be provided, but participants are welcome to bring their own. Mobility and chair modifications will be provided if needed. Transportation is NOT provided.

**Study Leader:** Danna Garland, ALL Member **Location:** DeTar Health & Fitness Center 4204 N. Laurent Street, Victoria, TX

### VPL Book Club: Hidden Figures

Thursday Sept. 21 9:30 a.m.

Journey through the pages of Margot Lee Shetterly's critically acclaimed book *Hidden Figures* and delve into the remarkable lives of the African American women mathematicians who played pivotal roles at NASA during the Space Race.

Victoria Public Library is partnering with ALL to host a book review of *Hidden Figures*. Six books will be available to check out from the library on a first come basis, or members may purchase the book on their own. Enjoy a cup of coffee on ALL during your discussion.

Maximum: 15 Study Leader: Andrew Hilburn, Adult Librarian, Victoria Public Library Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

AATS- Burger Nation April 18, 2023





# Texas Master NaturalistTSeries: Wildlife Tour at<br/>Barnhart Q5 RanchMaster<br/>NaturalTuesdayMaster<br/>Natural



Prepare to be immersed in the wild on a fall morning at Barnhart Ranch. Claire and Wilfred will share the landscapes and hollows of their ranch with a focus on the birds, deer, and other animals that call this range their home. Wear your comfortable outdoor clothes, bring your lunch and water, and get ready for a fine outdoor adventure. A picnic will be held at the conclusion of the tour. Transportation is NOT provided.

**Study Leaders:** Claire Barnhart and Wilfred Korth, Texas Master Naturalists, Mid-Coast Chapter **Location:** Barnhart Q5 Ranch and Nature Retreat FM 883, Berclair, TX

#### Introduction to Crochet: Coral Reefs

Tuesday Sept. 26 2:30 p.m.

Sept. 26

9-11:30 a.m.

Join Alyssa Malone on a creative journey where art and math intertwine to create crocheted coral reefs. Through guidance and hands-on practice, participants will learn crochet techniques to turn yarn into colorful coral reef formations. Class fee includes yarn and crochet hooks. Finished projects may be kept or donated to a "living coral wall" that will be installed at VC's Health Sciences Center.

Class Fee: \$5 Maximum: 20 Study Leader: Alyssa Malone, Instructor of Mathematics, Victoria College Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX Explore El Campo! Wednesday Sept. 27 10 a.m.

Spend an exciting day exploring El Campo and the surrounding area. First, view the beautiful wood creations at Tin Roof Kitchen & Home. Then, delve into the Danish settlers' contributions to the local community and explore the artifacts and exhibits related to the everyday lives of the pioneer settlers of Danevang at the Danish Heritage Museum. A Danish country lunch will be served. Conclude your day with a visit to The Candy Shop, where you can treat yourself to a wide variety of old-fashioned and nostalgic candy and so much more. Transportation is NOT provided.

Class Fee: \$35 Minimum: 19 Maximum: 29 Location: El Campo, TX

### **Fire Station Tour**

Thursday Sept. 28 10 a.m.

Step into the world of courageous firefighters and learn about the daily operations of the Victoria Fire Department at Fire Station 4. Attendees will explore the firehouse and its equipment, learning fire safety directly from experienced firefighters who dedicate their lives to safeguarding our community and property. Transportation is NOT provided.

*Maximum:* 30 *Location:* Fire Station 4 2007 Salem Road, Victoria, TX

TMNS- Pollinator Garden Home Tours May 3, 2023





# **OCTOBER** At a Glance

Oct. 3 Even More Crochet: Coral Reefs

Oct. 4 Tools of the Early Texans

Oct. 5 All About CBD: Part II

**Oct. 10** Dinner Tonight: Cooking Demonstration

Oct. 10 Sew Your Own: Tote Bag

Oct. 11 Crafternoon

Oct. 12 A Coastal Excursion to Rockport

**Oct. 17** Strike up the Fun- Bowling

Oct. 18 Meet the Farmers

Oct. 18 Fun at Outlaw Pass

**Oct. 19** Stumbling Blocks to Stepping Stones: How to Deal with Difficult People, Pressure, and Problems

Oct. 24 All Around Town Series: *Tokyo Grill & Sushi Lounge* 

Oct. 24 Texas Master Naturalist Series: Shell Middens

Oct. 25 Topics in Psychology: A Case Study

Oct. 26 Winter Tea Blending

#### Even More Crochet: Coral Reefs Tuesday Oct. 3 2:30 p.m.

Let your crochet hooks bring the beauty of the oceans to life in a truly unique way. Alyssa Malone will teach even more crochet patterns to create coral reefs. Some yarn will be provided, but feel free to bring your own materials. Participants must bring their own crochet hooks. Finished projects may be kept or donated to a "living coral wall" that will be installed at VC's Health Sciences Center. Participants need not have attended Introduction to Crochet.

#### Maximum: 20

**Study Leader:** Alyssa Malone, Instructor of Mathematics, Victoria College **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Tools of the Early Texans**

Wednesday Oct. 4 2 p.m.

Celebrate Archaeology Month with a lecture from Dr. Heather Para! We can learn a great deal about the people who lived here long ago by studying the tools they left behind. This lecture will cover the kinds of tools used by Early Texans, how they were used, and what that tells us about life along the Coastal Bend up to 14,000 years ago.

**Study Leader:** Dr. Heather Para, Exhibits & Collections Manager, Museum of the Coastal Bend **Location:** Museum of the Coastal Bend 2200 E. Red River Street, Victoria, TX

#### Basics of Essential Oils Feb. 1, 2023



#### All About CBD: Part II Thursday Oct. 5 10 a.m.

Not all cannabis is created equal. Dr. Garth Vaz, M.D. will shed light on the truths, myths, and potential dangers of CBD and cannabis use. By exploring common objections many may have towards cannabis products, attendees will develop a well-rounded perspective on CBD and gain a comprehensive understanding of its effects on the mind and body. Be empowered to make informed decisions in this evolving landscape. Attendees need not have attended All About CBD in Spring 2023.

**Study Leader:** Dr. Garth O. Vaz, Owner, Jammin Canna **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Dinner Tonight: Cooking Demonstration**

Tuesday Oct. 10 10:30 a.m.

Learn to make informed food choices and develop healthful eating habits. JJ Jansen will show participants how to make a healthy salad and main dish. Tastings and dinner inspiration will be included.

**Study Leader:** JJ Jansen, County Extension Agent, Texas A&M AgriLife Extension **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Sew Your Own: Tote Bag Tuesday Oct. 10 1-4 p.m.

Indulge in the joy of creating something truly unique and sew your own stylish tote bag. Participants will need to bring 3/4 yard of cotton fabric. All other materials will be provided. Some sewing machines will be available for use, but members are encouraged to bring their own sewing machine if they have one. Any sewing skill level welcome! Members will leave with a tote bag made of fabric and mesh.

Class Fee: \$10 Maximum: 10 Study Leader: Karen Greer, ALL Member and Greater Victoria Quilt Guild Member Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Crafternoon

Wednesday Oct. 11 2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity, puzzles, and crafts. In this laid-back class you can color, challenge your mind with puzzles, or bring your own crafts to work on. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials and puzzles will be provided, or feel free to bring a project of your own to work on!

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

**Emerging Technology Complex** 

# Meetings • Events • Conferences for 1 to 500+ guests ConferenceInVictoria.com

#### **A Coastal Excursion to Rockport**

#### Thursday Oct. 12 Depart ETC at 9 a.m.

Spend a day in the coastal city of Rockport, Texas visiting the Texas Maritime Museum, Rockport Center for the Arts, and downtown shops. The mission of the Texas Maritime Museum is to educate and excite the public about maritime history and its importance to the development and current livelihood of our great state. The purpose of the Rockport Center for the Arts is to promote cultural enrichment and art education in the community. Members will enjoy a Dutchtreat lunch at a local restaurant. Transportation will be provided.

Class Fee: \$40 Maximum: 28 Location: Rockport, TX

#### Strike up the Fun-Bowling

Tuesday Oct. 17 2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 newly remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade, and snack bar. Whether you're framed for strikes or gutterly ridiculous, we welcome you to bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8 Maximum: 29 Location: Century Lanes 3401 John Stockbauer, Victoria, TX



#### Meet the Farmers Wednesday Oct. 18 10 a.m.

Visit the Victoria Farmers Market and hear from your local farmers! By connecting directly with these passionate individuals, attendees will gain an appreciation for the hard work and dedication that goes into bringing fresh, wholesome produce and animal products to our tables. Members will hear a little about each farmer in attendance and have time to ask questions. Feel free stick around after to shop! Transportation is NOT provided.

*Location:* Pattie Dodson Center Parking Lot, 2805 N. Navarro Street, Victoria, TX

Fun at Outlaw Pass Wednesday Oct. 18 3:30 p.m.

Outlaw Pass is a premier family entertainment center where "kids" of all ages can enjoy a variety of exciting attractions in one location, including the most unique adventure mini golf course in the Lone Star State, a thrilling 900 linear foot race track, and much more! Participants will enjoy one game of mini golf and one race track ride. Transportation is NOT provided.

Class Fee: \$15 Minimum: 8 Location: Outlaw Pass Family Fun Center 78 Tate Road, Victoria, TX

#### Stumbling Blocks to Stepping Stones: How to Deal with Difficult People, Pressure, and Problems Thursday Oct. 19 10 a.m.

Do you feel like your world is turning upside down? Do you feel overwhelmed because of situation after situation? If so, this class will help equip you with strategies to deal with difficult people, navigate life's pressures, and tackle its inevitable problems. Empower yourself with the ability to build resilience in the face of difficulty.

Study Leader: Dr. Larry Green, Pastor, Hospice of South Texas

*Location:* VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### All Around Town Series: Tokyo Grill & Sushi Lounge

Tuesday Oct. 24 11:30 a.m.



Tokyo Grill has proudly served the Crossroads area since 2007 as a family owned and operated business. They are committed to providing exquisite Japanese food, fresh sashimi, high-grade juicy steak, and delicious sushi and hibachi. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

*Location:* Tokyo Grill & Sushi Lounge 5006 N. Navarro Street, Victoria, TX

Texas Master Naturalist Series: Shell Middens Tuesday Oct. 24 2-4 p.m.



Discover how nature's open time capsule preserved tools, weapons, jewelry, and food used by Native Americans as far back as 4,000 years (the late Archaic period). Learn how a "trash pile" has enriched our understanding of archaic lives along the Texas Gulf Coast. What can we see? How and when did it happen?

**Study Leader:** Debbie Griffin, Texas Master Naturalist, Mid-Coast Chapter **Location:** Museum of the Coastal Bend 2200 E. Red River Street, Victoria, TX

#### **Topics in Psychology: A Case Study**

Wednesday Oct. 25 2 p.m.

Take a deep dive on a historic psychological case study. Case studies use a descriptive research approach to obtain an in-depth analysis of a person, group, or phenomenon offering us a unique opportunity to engage in a thorough exploration of the fascinating field of abnormal psychology. Come with an open and inquisitive mind.

**Study Leader:** Chelsea Bradley, Assistant Professor of Psychology, Victoria College **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Winter Tea Blending Thursday Oct. 26 10:30 a.m.

The easiest, most convenient, and one of the most effective ways for herbal goodness to enter your body is in a tea. Tea is easy to make, does not require specialized equipment, and the body easily takes in the herbal properties contained in the tea. Join Cindy as she discusses warming and soothing tea blends to help get through the winter months. Tea blends and individual herbal ingredients will be available to purchase.

**Study Leader:** Cindy Meredith, Owner, The Herb Cottage **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX



# **NOVEMBER** At a Glance

**Nov. 1** Pizza, Beer, and Mead in Seguin

Nov. 2 Create Your Own Tumbler

Nov. 8 The Ritchie Boys

Nov. 8 Game On: Bring Your Own Fun

Nov. 9 Taming the Anxious Mind

**Nov. 14** Strike up the Fun- Bowling

**Nov. 14** Texas Master Naturalist Series: All You Need to Know About Nature Journaling

Nov. 15 VPL Book Club: The Last Thing He Told Me

Nov. 16 All Around Town Series: *Sky Restaurant* 

Nov. 28 OR 29 Tiffany-Style Stained Glass Ornament

Nov. 29 Movie Screening: It's a Wonderful Life

**Nov. 30** Winter Grapevine Wreath Crafting

### All About CBD

Feb. 15, 2023



#### Pizza, Beer, and Mead in Seguin

Wednesday Nov. 1 Depart ETC at 9:30 a.m.

Calling all craft beer and mead enthusiasts! The adventure begins with a visit to Seguin Brewing, a local gem known for their exceptional craft beers. Then attendees will visit Texas Mead Works, a renowned meadery that specializes in producing exquisite honey-based beverages. Members will enjoy a Dutch-treat lunch at Seguin Brewing and taste five mead varieties at Texas Mead Works. Transportation will be provided.

Class Fee: \$55 Maximum: 28 Location: Seguin, TX

#### **Create Your Own Tumbler**

Thursday Nov. 2 10:30 a.m. OR 2:30 p.m.

Create your own uniquely designed and personalized stainless-steel tumbler with a wide variety of materials such as stickers, appliques, and monograms. Let your imagination run wild and elevate your drinkware game with this hands-on class. Participants will select a tumbler that has been colored with a base coat, add their design, and have the tumbler returned one week later with a final epoxy coat. Tumbler sizes will vary from 12 to 40 ounces.

Class Fee: \$30 Maximum: 15 Study Leader: Sandi Baecker, ALL Member Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### The Ritchie Boys Wednesday Nov. 8 10 a.m.

In June 1942, the U.S. Army began recruiting immigrants, the children of immigrants, refugees, and others with language skills and knowledge of enemy lands and cultures for a special military intelligence group. The Ritchie Boys made invaluable contributions in intelligence gathering, interrogation, and psychological warfare. Join Reba as she uncovers the extraordinary tales of resilience, bravery, and heroism that shaped the outcome of World War II.

**Study Leader:** Reba Roberson, ALL Member **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Game On: Bring Your Own Fun Wednesday Nov. 8 2-4 p.m.

Calling all game enthusiasts! Whether you're a fan of strategy, trivia, card games, or cooperative adventures, this class provides the perfect setting to showcase your game collection and bond with fellow game enthusiasts. Grab your favorite games and join fellow ALL members for an unforgettable afternoon of laughter, strategy, and endless fun. Attendees can bring one, or a few, of their favorite games to play with the group. Let the games begin!

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### **Taming the Anxious Mind**

Thursday Nov. 9 10:30 a.m.

In this empowering class, attendees will be introduced to the concept of anxiety, its components, and concrete strategies to regulate and manage anxiety in healthier ways. Brittany Proctor, M.A., LPC, LCDC will present tools to help navigate anxiety with confidence and ways to live a more balanced, peaceful life.

**Study Leader:** Brittany Proctor, Professional Counselor, Victoria College **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Strike up the Fun- Bowling

Tuesday Nov. 14 2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 newly remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade, and snack bar. Whether you're framed for strikes or gutterly ridiculous, we welcome you to bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8 Maximum: 29 Location: Century Lanes 3401 John Stockbauer, Victoria, TX

#### Texas Master Naturalist Series: All You Need to Know About Nature Journaling



Tuesday Nov. 14 4:30-6:30 p.m.

Do you enjoy visiting gardens, parks, and nature preserves? Do you maintain a home garden? Are you looking for a way to preserve your observations? If any of these apply, then nature journaling is for you! This indoor course will give you practical ideas on how to capture your nature notes in a way you will treasure for years to come.

**Study Leader:** Beth Hudson, ALL Member and Texas Master Naturalist, Mid-Coast Chapter **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

# VPL Book Club: The Last Thing He Told Me

Wednesday Nov. 15 9:30 a.m.

The Last Thing He Told Me is an instant #1 New York Times bestselling mystery and Reese Witherspoon Book Club pick that's captivated more than two million readers. Readers will be gripped by the story of a woman searching for the truth about her husband's disappearance...at any cost.

Victoria Public Library is partnering with ALL to host a book review of *The Last Thing He Told Me*. Six books will be available to check out from the library on a first come basis, or members may purchase the book on their own. Enjoy a cup of coffee on ALL during your discussion.

#### Maximum: 15

**Study Leader:** Andrew Hilburn, Adult Librarian, Victoria Public Library **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### All Around Town Series: Sky Restaurant

Thursday Nov. 16 11:30 a.m.



Sky Restaurant is a laid-back eatery located at the Victoria Regional Airport specializing in traditional surf n' turf and premium cocktails. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Location: Sky Restaurant 236 Foster Field Drive, Victoria, TX

#### Tiffany-Style Stained Glass Ornament

Tuesday OR Wednesday Nov. 28 OR 29 9 a.m.-1 p.m.

Participants will construct a 3-5 piece ornament using the copper-foil method developed by Louis Tiffany in the early 1900's. Glass breaking, grinding, foiling, and soldering will be involved in the construction. Participants are requested to bring a pair of safety glasses and wear closed-toe shoes to class. Although every precaution is taken for your safety, sometimes the glass does cause cuts or punctures. Caution should be taken by anyone on blood thinners. Bandages will be provided.

Class Fee: \$30 Maximum: 10 Study Leader: Lisa Gabrysch, ALL Member Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Movie Screening: It's a Wonderful Life

Wednesday Nov. 29 3 p.m.

Watch the *It's a Wonderful Life* on the big screen at the Leo J. Welder Center. *It's a Wonderful Life* is a 1946 film starring James Stewart as George Bailey, a man who has given up his personal dreams in order to help others in his community and whose thoughts of suicide on Christmas Eve bring about the intervention of his guardian angel Clarence Odbody, played by Henry Travers. Clarence shows George all the lives he touched and what the world would be like if he did not exist. Concession stands will open at 2:30 p.m. to purchase drinks and snacks for your enjoyment.

*Location:* Leo J. Welder Center for the Performing Arts, 214 N. Main St., Victoria, TX

#### Winter Grapevine Wreath Crafting Thursday Nov. 30 10 a.m.

Whether you would describe yourself as artsy or have no idea where to start when it comes to crafting, you can learn the art of wreath making. Grapevine wreaths feature a natural look that works as a perfect base to turn into a beautiful masterpiece with the use of silk flowers, artificial greenery, ribbons, and ornaments. Participants will leave with one grapevine wreath customized to decorate their door with seasonal charm this winter.

#### Class Fee: \$40

Maximum: 20 Study Leader: Marisol Johnson, ALL Program Specialist Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

# VICTORIA COLLEGE ALUMNI & Friends

Building a strong and lasting relationship between Victoria College and its ever-growing family of alumni.

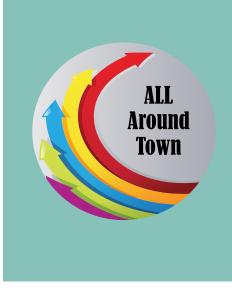
#### Who Can Join?

Victoria College is home to a wide variety of learners, and our alumni are just as diverse. If any part of your journey included Victoria College, you're a part of our family.

#### **Membership Benefits**

- Welcome packet with window decal
- Subscription to the Alumni & Friends Newsletter
- Networking, leadership, and volunteer opportunities
- Invitations to special alumni events

### Join Online: VictoriaCollege.edu/Alumni



**Texas Seafood** Thursday, Aug. 17 • 11:30 a.m.

Froggy's Grub & Pub Wednesday, Sept. 6 • 11:30 a.m.

Tokyo Grill & Sushi Lounge Tuesday, Oct. 24 • 11:30 a.m.

Sky Restaurant Thursday, Nov. 16 • 11:30 a.m.

Las Palmas Mexican Bar & Restaurant Wednesday, Dec. 6 • 11:30 a.m.



Fall Pollinator Garden TourTuesday, Sept. 19 • 4:30-6:30 p.m.

Wildlife Tour at Barnhart Q5 Ranch Tuesday, Sept. 26 • 9-11:30 a.m.

Shell Middens Tuesday, Oct. 24 • 2-4 p.m.

All You Need to Know About Nature Journaling Tuesday, Nov. 14 • 4:30-6:30 p.m.

Natural Journaling- Looking Beyond an Image Tuesday, Dec. 5 • 10 a.m.-Noon

# FOLLOW Victoria College Academy of Lifelong Learning on Facebook.

# Don't miss out on:

Class photos Member/study leader spotlight Upcoming events Schedule changes

# **DECEMBER** At a Glance

**Dec. 3** Berclair Mansion at Christmastime

**Dec. 5** Texas Master Naturalist Series: *Natural Journaling- Looking Beyond an Image* 

**Dec. 6** All Around Town Series: Las Palmas Mexican Bar & Restaurant

**Dec. 6** Crafternoon

**Dec. 12** Strike up the Fun- Bowling

**Dec. 13** VPL Jams: J&B Duo

**Dec. 14** ALL Holiday Recipe Exchange

#### Berclair Mansion at Christmastime Sunday

Dec. 3 11:30 a.m.

Step back in time with a tour of pristinely preserved antiques and uniquely adorned living spaces at the Berclair Mansion! This fireproof house, made of concrete and 60 tons of structural steel, was the largest steel structure single-family home at the time of its construction. Members will enjoy a Dutch-treat lunch at a local restaurant. Transportation is NOT provided.

Class Fee: \$25 Maximum: 25 Location: Berclair, TX

Dec. 5

10 a.m.-Noon

#### Texas Master Naturalist Series: Natural Journaling- Looking Beyond an Image Tuesday



Mid-Coast Chapter

Hiking in nature is Ele Chew's solace, and she always brings a camera or sketchbook with her. More than capturing the beauty of nature, she inspects the plants and animals within their surroundings and captures them in a nature journal in the form of photographs, drawings, and found objects with scribblings of her thoughts and experiences. Come see Ele Chew's nature journals featuring the birds and oysters of Rockport, the wildflowers and oak trees of DeWitt County, and the mating behavior of Attwater Prairie Chickens in the coastal tallgrass prairies of Refugio and Goliad Counties.

**Study Leader:** Ele Chew, Texas Master Naturalist, Mid-Coast Chapter **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX



April 27, 2023





#### All Around Town Series: Las Palmas Mexican Bar & Restaurant

Wednesday Dec. 6 11:30 a.m.



Las Palmas Mexican Bar & Grill has been dedicated to serving authentic, satisfying Mexican cuisine in Victoria for over 13 years with homemade tortillas and scratch-made sauces. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

*Location:* Las Palmas Mexican Bar & Restaurant 6007 N. Main Street, Suite D, Victoria, TX

#### Crafternoon Wednesday Dec. 6

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity, puzzles, and crafts. In this laid-back class you can color, challenge your mind with puzzles, or bring your own crafts to work on. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials and puzzles will be provided, or feel free to bring a project of your own to work on!

**Study Leader:** Marisol Johnson, ALL Program Specialist **Location:** VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### Strike up the Fun- Bowling Tuesday Dec. 12 2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 newly remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade, and snack bar. Whether you're framed for strikes or gutterly ridiculous, we welcome you to bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8 Maximum: 29 Location: Century Lanes 3401 John Stockbauer, Victoria, TX

#### VPL Jams: J&B Duo Wednesday Dec. 13 2:30 p.m.

VPL Jams is coming to ALL! VPL Jams is a monthly music series hosted by the Victoria Public Library that highlights the local Crossroads music scene. Enjoy an afternoon with J&B Duo. Josh and Billy bring a blend of the purest old blues, country, and rock. Attendees can bring an afternoon snack to share with fellow ALL members. Coffee, plates, and utensils will be provided.

Location: VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX

#### ALL Holiday Recipe Exchange Thursday Dec. 14 11:30 a.m.

Need some tasty ideas for those upcoming holiday parties? Bring a dish (and your recipe) to share with fellow members and enjoy each other's company. Recipes can be sent prior to the party or one copy may be brought to the event. Recipes will be compiled and emailed to all attendees. Drinks, plates, napkins, and utensils will be provided.

*Location:* VC Emerging Technology Complex Conference & Education Center 7403 Lone Tree Road, Victoria, TX



# TRAVEL WITH ALL (see page 8)

# **Collette Trips**

March 2024: British Landscapes



# June 2024: Western Canada's Rockies, Lakes & Wine Country



# Aug. 2024: Pacific Northwest and California



### Oct. 2024: Classical Greece



# **Premier World Discovery Trips**

April 2024: Washington DC Cherry Blossoms



### May 2024: Best of Chicago



# Sept. 2024: Landscapes & Lighthouses of Coastal Maine



### Nov. 2024: Highlights of Italy's Amalfi Coast





#### Academy of Lifelong Learning Membership Form & Liability Release

□ New	Member	Return	ing Member	Do you need a	a name tag? [	Yes 🗌 No	
MEMBERSHIP O Annual Members Discounts (Only Museum of th	hip-\$60 1 <i>discount can</i>		50 🔲 VC Retii	ees/Employees-\$50	)		
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QUESTIONS OR MORE	NFO:						
Victoria College Emerging Technology Col Conference & Education O Attention: Academy of Life 7403 Lone Tree Road Victoria, TX 77905	Center						
Phone: (361) 582-2520							
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Authorized Signature:

Name on Card:

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#### Victoria College Academy of Lifelong Learning Release and Waiver of Liability, Assumption of the Risk, and Indemnity Agreement

This form is a legal release, assumption of risk waiver and covenant not to sue agreement. I, the above-named Member, am eighteen (18) years of age or older, and have voluntarily applied to participate in the Victoria College ("College") Academy of Lifelong Learning ("ALL"). In consideration of my participation in the ALL, on behalf of myself, my family, heirs, and personal representative(s), I hereby accept all risk to my health and of my injury or death that may result from such participation and I hereby release the above named College, its governing board, officers, employees, and representative (collectively the "Releasees") from any and all liability to me, my personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to my property and for any and all illness or injury to my person, including death, that may result from or occur during my participation in the ALL, whether cause by negligence of the Releasees, or otherwise.

By my signature herein I hereby acknowledge that there will be times that the nature of an activity or trip may expose me to hazards or risks that may result in my illness, personal injury, or death, and I understand and appreciate the nature of such hazards and risks. I represent that I am physically able, with or without accommodation, to participate in the ALL activities, whether that be an on campus class, day trip where I am driving myself, or a trip where the ALL is providing transportation, and am able to use the equipment and/or supplies associated with these activities.

I understand and agree that Releasees may not have medical personnel available at the location of any activities or on campus. I understand and agree that Releasees are granted permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this Agreement. I understand and agree that Releasees assume no responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment. Should I require emergency medical treatment as a result of accident or illness arising during and activity put on by the ALL, I consent to such treatment. I acknowledge that the College does not provide health and accident insurance for participants in the ALL and I agree to be financially responsible for any medical bills incurred as a result of emergency medical treatment. I will notify College representatives in writing if I have medical conditions about which emergency medical personnel should be informed.

I also authorize the College to use or show any photos of ALL events which include me or my likeness.

I further agree that this Release shall be construed in accordance with the laws of the State of Texas. If any term or provision of this Release shall be held illegal, unenforceable, or in conflict with any law governing this Release the validity of the remaining portions shall not be affected thereby.

I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS THE COLLEGE, ITS BOARD OF REGENTS, EMPLOYEES, AGENTS, AND REPRESENTATIVES FROM ANY LOSS, LIABILITY, DAMAGE OR COST THAT MAY OCCUR DUE IN ANY MANNER OR DEGREE TO MY PARTICIPATION IN THE ACTIVITY LISTED ABOVE.

PARTICIPANT

Signature

Date

Printed Name

#### FAQS Listed are frequently asked questions.

#### How do I sign-up for classes?

A monthly newsletter will be emailed to current members containing upcoming courses and registration deadlines. Payment is due at the time of registration. Members can register the following ways:

#### In-Person or Mail

You may register in person in the Academy of Lifelong Learning Office: Victoria College Emerging Technology Complex Conference & Education Center, Room 309 7403 Lone Tree Road Victoria, TX 77905

#### Via Phone or Email

You may register for classes by calling (361) 582-2520 or emailing the completed registration form to WCE@VictoriaCollege.edu.

#### What is the refund policy?

- No refunds are given for Academy of Lifelong Learning membership dues.
- Class fees may be refunded up until the payment/registration deadline.

#### What is your guest policy?

- Members are allowed to bring one guest per semester to one class with or without a fee. Payment is due at the time of
  registration.
- Members must contact the Academy of Lifelong Learning Office prior to the day of the class to register their guest.

#### Do you offer any discounts?

- Anyone who is a member of the Museum of the Coastal Bend will receive \$10 off their annual membership (\$5 off Spring membership)
- Victoria College retirees or employees will receive \$10 off their annual membership (\$5 off Spring membership)
- Discounts may not be combined.

#### When will monthly newsletters be released?

Monthly newsletters will be released prior to monthly registration opening.

#### When does registration open each month?

July 24, August 21, Sept. 25, Oct. 23, and Nov. 13

#### What are your office hours?

Workforce & Continuing Education Office

*Fall & Spring Hours* Monday - Friday, 8 a.m. to 5 p.m.

Summer Hours Monday - Thursday, 8 a.m. to 5 p.m.

Closed on Fridays

### 2023-2024 ALL ADVISORY COMMITTEE

Chair – Mr. David Peters Vice-Chair – Ms. Sandi Baecker Membership Committee Chair – Ms. Joy Reed Secretary- Ms. Lisa Gabrysch



