

ALL

Academy of Lifelong Learning

Fall 2024 Schedule

HEALTH

Navigating the Supplement Aisle

DAY TRIP

Texas State Aquarium

HOBBIES

Oil Painting: Beach Scene

COOKING

Cooking with Coleslaw Mix



Est. 1925

An Equal-Opportunity Institution

Cover photo courtesy of Jo Ann Spears, ALL Member

Live, Learn, Grow

EVENTS & ACTIVITIES: The following is a quick guide to what ALL has to offer.

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WELCOME!

Workforce & Continuing Education Academy of Lifelong Learning (ALL)

Welcome to our Academy of Lifelong Learning Fall 2024 schedule. The Academy of Lifelong Learning is a member-driven organization for active adults, offering classes and social activities for continued intellectual and personal growth.

- Participate in social activities;
- Share a love of learning with people who will broaden your life;
- Study under the guidance of members who represent a wide range of expertise & life experiences;
- Share your avocation or formal training as an ALL instructor;
- Develop friendships with a diverse group of people;
- Be part of a collective voice of active adults in the community



Contact Us • (361) 582-2520



How to Become a Member

The annual membership dues for ALL-Victoria are \$80 and renew each fall. Members joining after Jan. 1 will pay a reduced rate of \$55 for the spring and summer or \$20 for the summer only. Membership entitles you to participate in any of the ALL-Victoria activities offered during the fall and spring semesters at no additional charge, with the exception to a few activities that have a supply or travel fee. These are noted in the schedule.

There are several ways to join ALL-Victoria:

IN PERSON

You may join in person in the Academy of Lifelong Learning Office:

Victoria College
Emerging Technology Complex
Conference & Education Center, Room 309
7403 Lone Tree Road
Victoria, TX 77905

EMAIL

You may become an ALL-Victoria member by emailing the completed membership form and liability release (pages 25 & 26) to WCE@VictoriaCollege.edu.

MAIL

You may mail the completed membership form and liability release (pages 25 & 26) to:

Victoria College
Emerging Technology Complex
Conference & Education Center
Attention: Academy of Lifelong Learning
7403 Lone Tree Road
Victoria, TX 77905

GAMES

for beginners & advanced players

Hand and Foot

Fridays*

Sept. 6-Dec. 13

1-4 p.m.

(No Hand and Foot on Nov. 29)

Hand and Foot is a Canasta card game variant played with multiple decks of standard playing cards. The objective is to build melds of cards, with the ultimate goal of forming "books" or sets of seven cards of the same rank. Friday is open play for beginner and experienced Hand and Foot players.

Maximum: 32 players

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Advanced Pickleball+

Mondays*

Sept. 9-Dec. 9

8:45-10:45 a.m.

(No Pickleball on Nov. 25)

Pickleball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It is a fun sport and a great way to exercise. Victoria College's Sports Center will have open gym time on Mondays for experienced pickleball players. Participants are expected to assist in set-up and tear down of courts each day of play.

**Attendees must have previously attended Pickleball for Experienced Players or demonstrate proficiency of the game.*

Class Fee: \$20

Maximum: 36 players

Location: VC Sports Center
2200 E. Red River Street, Victoria, TX

Intro to American Mah Jongg

Mondays*

Sept. 9, 16, 23

10 a.m.-Noon

Learn the basics of how to play American Mah Jongg in the classroom environment before jumping into live play. If you are new to American Mah Jongg or need a quick review, this is the class for you!

Maximum: 8 players

Study Leader: Elgene Henry, ALL Member
Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Mah Jongg

Mondays*

Sept. 9-Dec. 9

1-5 p.m.

(No Mah Jongg on Nov. 25)

Mah Jongg is a game of Chinese origin usually played by four persons with tiles that are drawn and discarded until one player secures a winning hand. Monday is open play for beginner and experienced American and Chinese Mah Jongg players.

Maximum: 32 players

Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

Bunco

Thursdays*
Sept. 12, 26
Oct. 10, 24
Nov. 7, 21
Dec. 12
2-4 p.m.

Bunco is an old parlor dice game, played in groups of 4, where teams score points while taking turns rolling three dice. A bunco is achieved when a person rolls 3 sixes. Participants are asked to bring a \$10 donated unwrapped gift to be used as prizes.

Maximum: 32 players
Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Dominoes

Thursdays*
Sept. 5, 19
Oct. 3, 17, 31
Nov. 14
Dec. 5
1:30-4:30 p.m.

Dominoes is a family of tile-based games which test both skill and patience. Dominoes will be available during this open-play period for members to play 42, Straight, Moon, and Mexican Train variations.

Maximum: 32 players
Location: VC Emerging Technology Complex
Conference & Education Center, Room 314
7403 Lone Tree Road, Victoria, TX

Beginner Pickleball+

Fridays*
Sept. 13-Dec. 6
8:45-10:45 a.m.
(No Pickleball on Nov. 29)

Pickleball is a paddle sport created for all ages and skill levels that combines many elements of tennis, badminton, and ping-pong. Victoria College's Sports Center will have open gym time on Fridays for beginners and experienced players alike. Participants are expected to assist in set-up and tear down of courts each day of play.

**A paddle may be borrowed for the first couple weeks of play. Attendees will then be encouraged to purchase their own paddles.*

Class Fee: \$20
Maximum: 36 players
Location: VC Sports Center
2200 E. Red River Street, Victoria, TX



*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

SEPTEMBER

At a Glance

Sept. 3

Insight into ALL- An Interactive Q&A

Sept. 3

Lifestory Informational Meeting

Sept. 4

Researching Your Family History: Part I

Sept. 6

Pickleball Play Day

Sept. 10

Aviation Cadet Training in WWII

Sept. 10

Travel Preview: Domestic and International Tours

Sept. 11

Researching Your Family History: Part II

Sept. 12

Barnyard & Blooms: A Daytrip

Sept. 17

Medicare 101 Seminar

Sept. 17; Oct. 1, 15, 29; Nov. 12; Dec. 3

Lifestory

Sept. 17

Singing Bowls Talk and Demonstration

Sept. 18

Researching Your Family History: Part III

Sept. 18

Cooking with Coleslaw Mix

Sept. 19

Non-Verbal Communication

Sept. 24

Japanese American Internment Camps
During WWII

Sept. 24

Strike up the Fun- Bowling

Sept. 25

VPL Book Club: *I'll Be Gone in the Dark*

Sept. 25

AATS: *Gogi Korean BBQ & Sushi*

Sept. 25

Crafternoon

Sept. 26

Oil Painting: Beach Scene

Insight into ALL- An Interactive Q&A

Tuesday

Sept. 3

10-11:30 a.m.

Whether you are a new or seasoned ALL member, this class is for you! Hear the latest updates and changes for the Academy of Lifelong Learning from Program Specialist Marisol Johnson and WCE Director Rachel Nessel. Learn the answers to frequently asked questions and how to get the most out of this organization. Members are encouraged to ask questions and provide suggestions.

Maximum: 48

Study Leaders: Marisol Johnson, ALL Program Specialist, and Rachel Nessel, Director of WCE

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Lifestory Informational Meeting

Tuesday

Sept. 3

1:30-3:30 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the informational meeting, participants will learn about Lifestory, including how the sessions are facilitated and what to expect out of each session.

Maximum: 16

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Researching Your Family History: Part I

Wednesday

Sept. 4

10-11:30 a.m.

This 3-session series focuses on laying the groundwork for beginners to delve into the world of genealogy and avoid barking up the wrong genealogical family tree. In this session, participants will learn basic record keeping forms to record what is already known and plan to find the answers to the unknown. Participants are encouraged to attend all three sessions.

Maximum: 48

Study Leader: Betty Trotter, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Pickleball Play Day

Friday

Sept. 6

8:45-10:45 a.m.

Pickleball has been named the fastest-growing sport in America for three years in a row. The rules are straightforward, and players can quickly pick up the basics and start having fun. Curious if pickleball is the right activity for you? Join us and find out! Attendees will receive instruction on how to play and can borrow a paddle to start enjoying the game right away.

Maximum: 25

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Sports Center,
2200 E. Red River Street, Victoria, TX

Aviation Cadet Training in WWII

Tuesday

Sept. 10

10-11:30 a.m.

Examine the intense screening young men endured to earn a place in aviation training and then a spot in advanced single-engine training during World War II. Audience participation will be requested to take a short test based on the entrance exam into aviation training and engage in some of the psycho-motor tests given to aviation candidates.

Maximum: 48

Study Leader: Dr. Karen Hagan, History Instructor, Victoria College

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Travel Preview: Domestic and International Tours

Tuesday

Sept. 10

1-2:30 p.m.

ALL has partnered with Collette Travel Company and Premier World Discovery to offer exciting trips for 2025! During this presentation, attendees will learn about these trips and have an opportunity to ask questions.

- Sierra Snow Train- February 2025
- Sunny Portugal- March 2025
- Discover American Heritage- June 2025
- Alaska Discover Land & Cruise- August 2025
- Irish Splendor- October 2025

See page 24 for additional trip details.

Maximum: 48

Study Leader: Mike Sprute, District Sales Manager, Collette

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Researching Your Family History: Part II

Wednesday

Sept. 11

10-11:30 a.m.

This 3-session series focuses on laying the groundwork for beginners to delve into the world of genealogy and avoid barking up the wrong genealogical family tree. In this session, participants will learn to look at family and home sources that can provide clues to research. Participants are encouraged to attend all three sessions.

Maximum: 48

Study Leader: Betty Trotter, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Hand and Foot

June 5, 2024



Barnyard & Blooms: A Daytrip

Thursday

Sept. 12

Depart ETC at 8 a.m.

Venture to the Schulenburg and La Grange area for a day in the great outdoors. First, tour The Jersey Barnyard, a 100-year-old four generation farm, and bottle feed a baby cow. Next, attendees will enjoy a Dutch-treat lunch at a local restaurant. Finally, peruse the nursery and gift shops at The Garden Co. Transportation will be provided.

Class Fee: \$45

Maximum: 28

Location: Schulenburg & La Grange, TX

Medicare 101 Seminar

Tuesday

Sept. 17

10-11:30 a.m.

Medicare plays a vital role in the lives of many, offering essential healthcare coverage and peace of mind. In this dynamic class, members will dive deep into the four parts of Medicare—A, B, C, and D—gaining a comprehensive understanding of each. Get ready to navigate Medicare like a pro and make informed decisions for your health and well-being!

Maximum: 48

Study Leader: Kim Apt Beckham, Licensed Insurance Agent, Ascia Partners

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Lifestory

Tuesdays

Sept. 17

Oct. 1, 15, 29

Nov. 12

Dec. 3

1:30-3 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the Lifestory Workshop participants will share stories they have written and receive positive feedback.

Maximum: 16

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Singing Bowls Talk and Demonstration

Tuesday

Sept. 17

3-4:30 p.m.

Immerse yourself in the transformative world of sound therapy with an engaging class on the mesmerizing tones of singing bowls. First, learn the principles and benefits of sound therapy, exploring how the vibrational frequencies of singing bowls can promote relaxation, reduce stress, and enhance holistic well-being. Then, experience a live demonstration, where the soothing sounds of the bowls will create a harmonious and meditative atmosphere.

Maximum: 48

Study Leader: Dottie Bitterly, RN CDCES, DeTar Healthcare System

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Researching Your Family History: Part III

Wednesday

Sept. 18

10-11:30 a.m.

This 3-session series focuses on laying the groundwork for beginners to delve into the world of genealogy and avoid barking up the wrong genealogical family tree. In this session, participants will learn what vital records are, where they can be found, and what they can reveal. Participants are encouraged to attend all three sessions.

Maximum: 48

Study Leader: Betty Trotter, ALL Member

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Crafternoon

June 4, 2024



Cooking with Coleslaw Mix

Wednesday

Sept. 18

2-3:30 p.m.



Discover the versatility of coleslaw mix as an affordable, nutritious, and filling addition to your meals. This class will feature three recipes: a savory Eggroll in a Bowl, a flavorful Sausage and Cabbage dish, and a classic Coleslaw Dressing. Attendees will receive samples during class and recipes to take home.

Class Fee: \$15

Maximum: 30

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Non-Verbal Communication

Thursday

Sept. 19

10-11:30 a.m.

Non-verbal communication is the transmission of messages without using words, including facial expressions, body language, gestures, and eye contact. Effective use of non-verbal cues can enhance interpersonal interactions and improve understanding. During this presentation, Jennifer will evaluate various forms and functions of non-verbal cues, including cultural differences, and cover tips on how to better improve our own non-verbal communication.

Maximum: 48

Study Leader: Jennifer Mann, Chief Operating Officer, Key Concepts Marketing

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Japanese American Internment Camps During WWII

Tuesday

Sept. 24

10-11:30 a.m.

Following the attack on Pearl Harbor on December 7, 1941, President Franklin Delano Roosevelt issued Executive Order 9066. This order required that all Japanese Americans, even citizens of the United States, be placed in Internment Camps. Discover the story of how at a time of war, American civil liberties were pushed aside.

Maximum: 48

Study Leader: Reba Roberson, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Strike up the Fun- Bowling

Tuesday

Sept. 24

2:30-4:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8

Maximum: 29

Location: Century Lanes
3401 John Stockbauer Drive, Victoria, TX

VPL Book Club: *The Guest List*

Feb. 8, 2024



VPL Book Club: *I'll Be Gone in the Dark*

Wednesday

Sept. 25

9:30-10:30 a.m.

I'll Be Gone in the Dark is a #1 New York Times Bestseller. Michelle McNamara had a dream to unmask the Golden State Killer, so she immersed herself in research and began documenting her efforts. Tragically, she died before her book was finished or the killer was discovered. This book offers insight into a terrible American history and tells the tale of a woman obsessed with uncovering the truth.

Victoria Public Library is partnering with ALL to host a book review of *I'll Be Gone in the Dark* by Michelle McNamara. Six books will be available to check out from the library on a first come basis, or members may source the book on their own. Enjoy a cup of coffee on ALL during your discussion.

Maximum: 15

Study Leader: Andrew Hilburn, Adult Librarian, Victoria Public Library

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

All Around Town Series: Gogi Korean BBQ & Sushi

Wednesday

Sept. 25

11:30 a.m.-1 p.m.



Gogi Korean BBQ & Sushi brings the Crossroads a delightful fusion of the vibrant flavors of Korean cuisine with the tradition of Japanese sushi. While Gogi offers both options, *this reservation is for sushi*. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Maximum: 31

Location: Gogi Korean BBQ & Sushi
4904 N. Navarro Street, Victoria, TX

Crafternoon

Wednesday

Sept. 25

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color with provided materials or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives.

Maximum: 30

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Oil Painting: Beach Scene

Thursday

Sept. 26

9:00 a.m.-Noon OR 2-5 p.m.

Unleash your inner artist and capture the tranquility and charm of the seaside in an oil painting on canvas. Whether you're a beginner or have prior oil painting experience, Dolly's expert guidance will help develop your skills and techniques. All materials are provided, but attendees should bring a smock or apron.

Class Fee: \$40

Maximum: 15

Study Leader: Dolly Martinez

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Looking for that perfect gift?

Consider an ALL membership for a friend or family member.



Gogi Korean BBQ & Sushi

Wednesday, Sept. 25 • 11:30 a.m.-1 p.m.

Water Well Café 361

Tuesday, Oct. 15 • 11:30 a.m. -1 p.m.

Franklin's Backyard Bayou

Friday, Nov. 8 • 11:30 a.m.-1 p.m.

El Patron Restaurant & Cantina

Wednesday, Dec. 4 • 11:30 a.m.-1 p.m.



Cooking with Coleslaw Mix

Wednesday, Sept. 18 • 2-3:30 p.m.

Cooking Well for Healthy Blood Pressure: Part I

Wednesday, Oct. 16 • 10:30 a.m. - Noon

Cooking Well for Healthy Blood Pressure: Part II

Wednesday, Oct. 23 • 10:30 a.m. - Noon

Cooking Well for Healthy Blood Pressure: Part III

Wednesday, Oct. 30 • 10:30 a.m. - Noon



FOLLOW

Victoria College
Academy of Lifelong Learning
on Facebook.

Don't miss out on:

- Class photos
- Member/study leader spotlight
- Upcoming events
- Schedule changes

OCTOBER

At a Glance

Oct. 1

Topics in Psychology: Hoarding Behaviors

Oct. 2

Cheesemaking Made Easy

Oct. 3

Wood Turning Demonstration

Oct. 8

Victoria Main Street Program

Oct. 8

Internet Safety Tips and Tricks

Oct. 9

A Taste of Texas: Wendish Heritage & Whiskey

Oct. 10 and 17

Mosaic Stained Glass Picture Frame

Oct. 15

AATS: *Water Well Café 361*

Oct. 16

Cooking Well for Healthy Blood Pressure: Part I

Oct. 16

Fun at Outlaw Pass

Oct. 22

Creative Card Making

Oct. 22

Strike up the Fun-Bowling

Oct. 23

Cooking Well for Healthy Blood Pressure: Part II

Oct. 23

Crafternoon

Oct. 24

Andustoria Wine Tasting

Oct. 29

Coping with Stress in a Stressed-Out World

Oct. 29

Math Basics: Shopping Math

Oct. 30

Cooking Well for Healthy Blood Pressure: Part III

Oct. 30

Murder Mystery Game: Body on the Boardwalk

Topics in Psychology: Hoarding Behaviors

Tuesday

Oct. 1

3-4:30 p.m.

Delve into the psychology behind the often-misunderstood condition of hoarding. Explore the underlying mental health issues that can contribute to hoarding. Then examine how mental health, particularly hoarding, is portrayed on television, and discuss the accuracy and impact of these portrayals on public perception and stigma. Come with an open and inquisitive mind.

Maximum: 16

Study Leader: Chelsea Bradley, Assistant Professor of Psychology, Victoria College

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Cheesemaking Made Easy

Wednesday

Oct. 2

1-4 p.m.

Dive into the surprisingly simple art of cheesemaking and learn how to make delicious cheeses and cultured dairy products at home without fancy equipment. Attendees will watch a demonstration on making four different types of goat milk cheese (paneer, ricotta, mozzarella, and feta) and two cultured dairy products (buttermilk and yogurt). Enjoy samples in class and take home a recipe book and buttermilk and yogurt cultures.

Class Fee: \$40

Minimum: 15

Maximum: 40

Study Leader: David Rodriguez, The Frugal Cheese Maker

Location: VC Emerging Technology Complex,
Conference & Education Center,
7403 Lone Tree Road, Victoria, TX

Start Your Own Garden

Feb. 20, 2024



Wood Turning Demonstration

Thursday

Oct. 3

9-11 a.m. OR 2-4 p.m.

Witness the art of wood turning firsthand as a skilled artisan transforms a simple block of wood into a beautifully crafted bowl. Showcasing the various techniques and tools of the trade, attendees will gain insight into the intricate world of wood turning. Please bring a chair and water to keep comfortable during the presentation. Transportation is NOT provided.

Maximum: 7

Study Leader: Raymundo Moreno, Member, South Texas Wood Turners

Location: Victoria, TX (Location will be provided prior to class)

Victoria Main Street Program

Tuesday

Oct. 8

10-11:30 a.m.

The Victoria Main Street Program and Convention and Visitors Bureau collaborate to build attractions and market them to residents and out-of-town guests. Learn how Main Street tourism and downtown revitalization efforts work together to attract visitors to Victoria.

Maximum: 48

Study Leaders: Kate Garcia, Main Street Manager, City of Victoria & Elizabeth Tise, Assistant Director, Convention and Visitors Bureau

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Internet Safety Tips and Tricks

Tuesday

Oct. 8

2:30-4 p.m.

Learn how to navigate the digital world securely, safely, and confidently. While the internet offers endless possibility and brings ease to everyday life, it also needs to be approached with an understanding of the threats that exist. Learn how to identify phishing scams, protect personal information, and recognize suspicious online activities.

Maximum: 48

Study Leader: Jeremy Gould, Computer Information Systems Instructor, Victoria College

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

A Taste of Texas: Wendish Heritage & Whiskey

Wednesday

Oct. 9

Depart ETC at 8:30 a.m.

Enjoy an excursion to the areas of Ledbetter and Giddings in Texas for a day of history and libation. First, visit the Texas Wendish Heritage Museum, where the history of the Texas Wends (Slavic immigrants from Lusatia, an area in eastern Germany) is preserved. A traditional Wendish lunch will be served. Then, indulge in a whiskey tasting at Kooper's Whiskey, a 100% family-owned and operated blending house and tasting room. Transportation will be provided.

Class Fee: \$65

Maximum: 28

Location: Ledbetter & Giddings, TX

Mosaic Stained Glass Picture Frame

Thursdays

Oct. 10 and 17

8 a.m.-Noon OR 12:30-4:30 p.m.

During this 2-part series, participants will transform an 8x10 picture frame into a beautiful decoration with the use of glass and grout. Several patterns and copious amounts of glass will be available to choose from. This ancient art form has many modern applications and endless opportunity. Band-Aids will be on standby!

Class Fee: \$35

Maximum: 15

Study Leader: Lisa Gabrysch, ALL Member

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

All Around Town Series:

Water Well Café 361

Tuesday

Oct. 15

11:30 a.m.-1 p.m.

Water Well Café joined historic downtown Victoria in 2023 and quickly became a charming, local gem. This family-owned restaurant offers a welcoming atmosphere and delicious daily specials. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Maximum: 29

Location: Water Well Café
215 S. Main Street, Victoria, TX



Cooking Well for Healthy Blood Pressure: Part I

Wednesday

Oct. 16

10:30 a.m.-Noon



This 3-session series focuses on how to prevent or manage hypertension and live a heart-healthy lifestyle. In this session, participants will understand how to incorporate the DASH eating pattern and the importance of adding physical activity into daily routines. Recipes will be sampled at each class and recipe packets will be given to take home. Participants are encouraged to attend all three sessions to receive a certificate at the conclusion.

Maximum: 25

Study Leader: Marcie Kucera, Healthy Texas Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Fun at Outlaw Pass

Wednesday

Oct. 16

3:30-5:30 p.m.

Outlaw Pass is a premier family entertainment center where “kids” of all ages can enjoy a variety of exciting attractions in one location, including the most unique adventure mini golf course in the Lone Star State, a thrilling 900-foot race track, and much more! Participants will enjoy one game of mini golf, one race track ride, and receive a \$5 arcade card. Transportation is NOT provided.

Class Fee: \$20

Minimum: 15

Maximum: 35

Location: Outlaw Pass
78 Tate Road, Victoria, TX

Creative Card Making

Tuesday

Oct. 22

10 a.m.-Noon

Express your artistic flair in this hands-on class where you'll create your choice of four unique greeting/note cards. Using Creative Memories card kits, stickers, embellishments, and papers attendees will learn various techniques to craft personalized cards for any occasion. Join Susan to discover the joy of handmade card crafting!

Class Fee: \$6

Minimum: 4

Maximum: 12

Study Leader: Susan Juckett, ALL Member
Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Strike up the Fun-Bowling

Tuesday

Oct. 22

2:30-4:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8

Maximum: 29

Location: Century Lanes
3401 John Stockbauer Drive, Victoria, TX

Hands-On History- Bowl Weaving

Feb. 21, 2024



Cooking Well for Healthy Blood Pressure: Part II

Wednesday

Oct. 23

10:30 a.m.-Noon



This 3-session series focuses on how to prevent or manage hypertension and live a heart-healthy lifestyle. In this session, participants will virtually tour a grocery store to practice making heart-healthy food choices. Recipes will be sampled at each class and recipe packets will be given to take home. Participants are encouraged to attend all three sessions to receive a certificate at the conclusion.

Maximum: 25

Study Leader: Marcie Kucera, Healthy Texas Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Crafternoon

Wednesday

Oct. 23

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color with provided materials or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives.

Maximum: 30

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Andustoria Wine Tasting

Thursday

Oct. 24

4:30-5:30 p.m.

Whether you love Texas wines or are looking to learn more about them, a visit to Andustoria's tasting room provides a great atmosphere to experience a tasting highlighting 100% Texas grown varietals. Participants will be guided through a flight featuring six wines of white, rosé, and red varietals. Transportation is NOT provided.

Class Fee: \$15

Maximum: 20

Location: Andustoria Winery
104 Broadmoor Street, Suite 200, Victoria, TX

Coping with Stress in a Stressed-Out World

Tuesday

Oct. 29

10-11:30 a.m.

In this supportive and insightful class, Dr. Green will explore effective techniques for managing stress during times of trials, tribulations, heartache, and pain. Attendees will learn valuable tools to help regain control and foster a healthier, more peaceful state of mind, empowering them to take on life's inevitable stressors.

Maximum: 48

Study Leader: Dr. Larry Green, Pastor, Hospice of South Texas

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Math Basics: Shopping Math

Tuesday

Oct. 29

3-4 p.m.

Refresh your understanding of essential math concepts, focusing on those used in everyday shopping. Topics will include how to calculate discounts and sales tax, understand unit pricing, and techniques for comparing pricing. By sharpening these math skills, participants will better navigate the retail world and make budget-friendly purchasing decisions.

Maximum: 48

Study Leader: Alyssa Malone, Mathematics Instructor, Victoria College

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Faith-Based Yoga

Feb. 27, 2024



Cooking Well for Healthy Blood Pressure: Part III

Wednesday

Oct. 30

10:30 a.m.-Noon



This 3-session series focuses on how to prevent or manage hypertension and live a heart-healthy lifestyle. In this session, participants will understand how to use herbs and spices to reduce salt, fat, and sugar in recipes. Recipes will be sampled at each class and recipe packets will be given to take home. Participants are encouraged to attend all three sessions to receive a certificate at the conclusion.

Maximum: 25

Study Leader: Marcie Kucera, Healthy Texas Extension Agent, Texas A&M AgriLife Extension

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Murder Mystery Game: Body on the Boardwalk

Wednesday

Oct. 30

2-3:30 p.m.

ALL is partnering with the Victoria Public Library to bring an immersive murder mystery experience to you! When a body turns up inside a popular ride at a seaside amusement park, cops believe it is an open and shut case- the boyfriend did it. The suspect's mother reaches out in hopes of clearing his name, but even she has to admit that the evidence against her son looks bad. Channel your inner detective to unravel the twisted tale and catch a killer.

Maximum: 30

Study Leader: Andrew Hilburn, Adult Librarian, Victoria Public Library

Location: VC Emerging Technology Complex Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Thank You

Victoria College extends a thank you to all of the volunteers who help make ALL a success.

Without the many volunteers helping with committees, instructing classes, and organizing activities, ALL would not exist! We appreciate our many community members who have volunteered their time and expertise that allow us to offer a variety of classes. Thank you, ALL volunteers, for proving that learning never goes out of style!

Ways to Volunteer:

- Join a committee • Help with Open House
- Submit/recruit ideas for new classes
- Become an ALL instructor

For more information, call (361) 582-2520 or email

WCE@VictoriaCollege.edu.

Chili Cook Off

Feb. 8, 2024



EXTRA OPPORTUNITIES

These classes are not offered by ALL and are open to the public. The Museum of the Coastal Bend is open Tuesday-Saturday and located at 2200 E. Red River Street. • MuseumOfTheCoastalBend.org

DATE	EVENT/ACTIVITY	TIME	LOCATION
Sept. 12	<i>El Camino Real de los Tejas National Historic Trail Exhibit Opening</i>	5-6 p.m.	Museum of the Coastal Bend
Sept. 12	JOHN W. STORMONT LECTURE: <i>El Camino Real de los Tejas National Historic Trail Association</i>	6-7 p.m.	Museum of the Coastal Bend
Oct. 10	Grand Opening: La Misión <i>Where Texas Ranching Began: La Misión</i>	4:30-6:30 p.m.	Museum of the Coastal Bend
Oct. 19	Hands-on History: Pinch Pots	11 a.m.-Noon	Museum of the Coastal Bend
Oct. 24	JOHN W. STORMONT LECTURE: <i>Espiritu Santo de Zuniga—A Frontier Mission in South Texas</i>	5:30 p.m.	Museum of the Coastal Bend
Oct. 25	LECTURE: <i>Presidio Soldiers or Soldados Flecheros?</i> <i>New Interpretations of Daily Life at the 1721-1726 Site of Presidio La Bahía de Zuniga, Victoria</i>	6 p.m.	Museum of the Coastal Bend
Dec. 5	Holiday Artisans Market	11 a.m.-6 p.m.	Museum of the Coastal Bend

Meetings • Events • Conferences for 1 to 500+ guests

ConferenceInVictoria.com



Take a Book, Leave a Book

Find a book you like? **Take it.**
When you are finished you can: Return it • Keep it • Pass it on to a friend

Have a book you want to share? **Leave it.**

Located at VC ETC Room 301.



Join Online:
[VictoriaCollege.edu/
Alumni](http://VictoriaCollege.edu/Alumni)

*Building a strong and lasting relationship between
Victoria College and its ever-growing family of alumni.*

Who Can Join?

Victoria College is home to a wide variety of learners, and our alumni are just as diverse. If any part of your journey included Victoria College, you're a part of our family.

Membership Benefits

- Welcome packet with window decal
- Subscription to the Alumni & Friends Newsletter
- Networking, leadership, and volunteer opportunities
- Invitations to special alumni events

NOVEMBER

At a Glance

Nov. 4

Sew Your Own: Rope Bowls

Nov. 5

Exploring Local State Parks and Recreation Areas

Nov. 5

Chair Yoga

Nov. 7

Victoria College Update

Nov. 7

Cookie Bake Off!

Nov. 8

AATS: *Franklin's Backyard Bayou*

Nov. 12

Navigating the Supplement Aisle

Nov. 13

Crafternoon

Nov. 14

Explore the World: A Tea Tasting

Nov. 15

Nutcracker Market

Nov. 18

DIY Holiday Gifts

Nov. 19

Ornament Painting

Nov. 19

Strike up the Fun-Bowling

Nov. 20

VPL Book Club: *Lessons in Chemistry*

Nov. 20

Downtown Shop, Stroll, & Savor: Victoria

Sew Your Own: Rope Bowls

Monday

Nov. 4

1-4 p.m.

Participants will get an introduction on making coasters, trivets, and bowls out of rope. It is an easy, fun, and addictive sewing project! Some sewing machines will be provided, but participants are encouraged to bring a machine if they have one. All materials will be provided.

Class Fee: \$15

Maximum: 8

Study Leader: Karen Greer, Member, ALL and Quilt Guild of Greater Victoria

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Exploring Local State Parks and Recreation Areas

Tuesday

Nov. 5

10-11:30 a.m.



Join amateur naturalist and educator, Beth Hudson, as she shares photography and information about the State Parks and recreation areas within an hour of Victoria. Learn insider tips about special features known only to the rangers and frequent visitors. Get outdoors and make the most out of your next trip to the beautiful nature all around us!

Maximum: 48

Study Leader: Beth Flinn Hudson, ALL Member and Texas Master Naturalist, Mid-Coast Chapter

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Magnificent Magnesium

March 5, 2024



Chair Yoga

Tuesday

Nov. 5

2-3 p.m.

Stretch your body and mind through a yoga variation using a chair as an anchor to prop up your body. Build strength and flexibility, specifically focusing on core stability, while in a seated position as Kim leads the class through a yoga flow. This gentle yet effective practice is perfect for all levels, offering a supportive way to enhance your yoga experience.

Maximum: 32

Study Leader: Kim Evans, LMT

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Victoria College Update

Thursday

Nov. 7

10-11 a.m.

In 2025, Victoria College will commemorate 100 years of providing quality education and training to all who live and work in the Crossroads of South Texas. VC President, Dr. Kent, will outline Victoria College's upcoming changes, including a centennial celebration and the finalization of the 2025 Master Plan.

Maximum: 16

Study Leaders: Dr. Jennifer Kent, President, Victoria College & Amy Mundy, Executive Director of Advancement & VC Foundation, Victoria College

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Cookie Bake Off!

Thursday

Nov. 7

1-2 p.m.

Whose cookies will stand out among the crowd? Bring your best batch of cookies to be judged on their taste and presentation. Attendees will vote for their favorite in each category and a "people's choice" winner will be announced. Participants are encouraged to share their recipe for upcoming holiday dessert inspiration! Plates, napkins, and water will be provided.

Maximum: 16

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

All Around Town Series: Franklin's Backyard Bayou

Friday

Nov. 8

11:30 a.m.-1 p.m.



Franklin's Backyard Bayou brings Cajun and the soulful taste of Louisiana to the Lone Star State. Savor the flavors of the bayou with authentic dishes, refreshing drinks, and warm hospitality. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Maximum: 39

Location: Franklin's Backyard Bayou
13869 US Highway 77 North, Victoria, TX

Navigating the Supplement Aisle

Tuesday

Nov. 12

10-11:30 a.m.

Become equipped with the tools needed to make informed decisions in the supplement aisle, promoting better health and wellness. Participants will learn to decipher supplement labels, understand the roles of various vitamins and minerals, and recognize evidence-based benefits versus marketing hype. Additionally, this class will cover potential interactions with medications, ensuring safe and effective use.

Maximum: 48

Study Leader: Dr. Phylis Canion, N.D., CNC

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Crafternoon

Wednesday

Nov. 13

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color with provided materials or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives.

Maximum: 30

Study Leader: Marisol Johnson, ALL Program Specialist

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Explore the World: A Tea Tasting

Thursday

Nov. 14

2:30-4 p.m.

Take a metaphorical trip around the globe and expand your tea tasting horizons by sampling teas from multiple different countries. Consider the briskness, body, and aroma of each tea as you sip. Then relax and enjoy a “cuppa” tea and scones with fellow ALL members.

Class Fee: \$10

Maximum: 20

Study Leader: Janice Ferguson, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Nutcracker Market

Friday

Nov. 15

Depart ETC at 8 a.m.

Houston Ballet’s Nutcracker Market has become the signature holiday fundraising shopping event in Texas that kicks off the holiday season! It is a one-stop shop featuring hundreds of merchants, offering unique items for everyone, including home décor, gifts, food, apparel, toys, accessories, and more. Enjoy a Dutch-treat lunch on site. Space will be limited so purchases must be made mindfully. Transportation will be provided.

Class Fee: \$65

Maximum: 24

Location: Houston, TX

DIY Holiday Gifts

Monday

Nov. 18

1-4 p.m.

Get creative and resourceful with your holiday gifting this year! By using paper napkins and household items attendees will learn how to make three different gifts. All supplies will be provided.

Class Fee: \$15

Maximum: 10

Study Leader: Karen Greer, Member, ALL and Quilt Guild of Greater Victoria

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Ornament Painting

Tuesday

Nov. 19

10-11:30 a.m.

Make your holidays shine with a custom, hand-painted glass ornament! First decorate the inside of your ornament with glitter or artificial snow. Then unleash your creativity decorating the outside with beautiful designs using glass paint. Celebrate the season with imagination and fun by making a keepsake for yourself or a personalized gift for someone special.

Class Fee: \$5

Maximum: 30

Study Leader: Sandi Baecker, ALL Member

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Strike up the Fun-Bowling

Tuesday

Nov. 19

2:30-4:30 p.m

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8

Maximum: 29

Location: Century Lanes

3401 John Stockbauer Drive, Victoria, TX

Crochet Basics

Feb. 22, 2024



VPL Book Club: *Lessons in Chemistry*

Wednesday

Nov. 20

9:30-10:30 a.m.

Lessons in Chemistry is a #1 global bestseller with more than 600 million copies sold. Set in 1960s California, Elizabeth Zott's career takes a detour from an all-male team at a research institute to star of her own cooking show. Her rise in television fame isn't universally supported, as she's not only teaching women to cook, but also daring them to change the status quo.

Victoria Public Library is partnering with ALL to host a book review of *Lessons in Chemistry* by Bonnie Garmus. Six books will be available to check out from the library on a first come basis, or members may source the book on their own. Enjoy a cup of coffee on ALL during your discussion.

Maximum: 15

Study Leader: Andrew Hilburn, Adult Librarian, Victoria Public Library

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Downtown Shop, Stroll, & Savor: Victoria

Wednesday

Nov. 20

2-4 p.m.

Enjoy an afternoon in lovely Downtown Victoria, TX! Shop the stores, stroll around with friends, and savor an afternoon treat. For this excursion, members will meet at Mother Clucker's before heading over to Peaches & Tortilla and Green Cow Creamery. Participants are encouraged to continue exploring downtown Victoria on their own. Support local! Transportation is NOT provided.

Maximum: 20

Location: Mother Cluckers Downtown
108 E. Santa Rosa Street, Victoria, TX

Paint Party

Feb. 15, 2024



DECEMBER

At a Glance

Dec. 4

AATS: El Patron Restaurant & Cantina

Dec. 4

Crafternoon

Dec. 10

Cell Phone Photography

Dec. 10

Strike up the Fun-Bowling

Dec. 11

Texas State Aquarium

Dec. 12

Holiday Recipe Exchange

All Around Town Series: El Patron Restaurant & Cantina

Wednesday

Dec. 4

11:30 a.m.-1 p.m.



El Patron Restaurant & Cantina serves Monterrey-style Mexican cuisine, offering breakfast, lunch, and dinner with daily specials and freshly made in-house flour tortillas. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

Maximum: 40

Location: El Patron Restaurant & Cantina
2505 Houston Highway, Victoria, TX

Crafternoon

Wednesday

Dec. 4

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color with provided materials or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives.

Maximum: 30

Study Leader: Marisol Johnson, ALL Program Specialist
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Cell Phone Photography

Tuesday

Dec. 10

10-11 a.m.

Get ready to snap and edit with ease in this laid-back cell phone photography education class! Learn all about the amazing features of the iPhone camera and discover handy editing methods to make your photos pop. Bring your burning questions and get hands-on practice with the tips you'll master by the end of class.

Maximum: 48

Study Leader: Marisol Johnson, ALL Program Specialist
Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Mosaic Stepping Stone

Feb. 24, 2024



Strike up the Fun-Bowling

Tuesday

Dec. 10

2:30-4:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

Class Fee: \$8

Maximum: 29

Location: Century Lanes

3401 John Stockbauer Drive, Victoria, TX

Texas State Aquarium

Wednesday

Dec. 11

Depart ETC at 8:15 a.m.

The mission of the Texas State Aquarium is to engage people with animals, inspire appreciation for our seas, and support wildlife conservation. Tour the aquarium with a self-guided scavenger hunt and wrap up the visit with a program on aquariums and understanding water quality. Enjoy a Dutch-treat lunch on site. Transportation will be provided.

Class Fee: \$65

Maximum: 28

Location: Corpus Christi, TX

Holiday Recipe Exchange

Thursday

Dec. 12

11:30 a.m.-1 p.m.

Need some tasty ideas for those upcoming holiday parties? Bring a dish or beverage (and your recipe) to share with fellow members and enjoy each other's company. Recipes can be sent prior to the party or one copy may be brought to the event. Recipes will be compiled and emailed to all attendees. Plates, napkins, and utensils will be provided.

Maximum: 48

Location: VC Emerging Technology Complex
Conference & Education Center
7403 Lone Tree Road, Victoria, TX

Murder Mystery Game-

Death at the Dive Bar • April 3, 2024



Crafternoon

Feb. 14, 2024



TRAVEL WITH ALL

Trip Info • Page 7

February 2025: Sierra Snow Train



March 2025: Sunny Portugal



June 2025: Discover American Heritage



August 2025: Alaska Discovery Land & Cruise



October 2025: Irish Splendor





Academy of Lifelong Learning
Membership Form & Liability Release

Form type selection: New Member, Returning Member, and a question about needing a name tag with Yes/No options.

MEMBERSHIP OPTIONS

- Membership options including Annual Membership-\$80, Annual Discounts (with sub-option for Museum of the Coastal Bend Member-\$70 and VC Retirees/Employees-\$70).

Personal information fields: Last Name, First, MI, Social Security Number (Optional), Date of Birth, Sex

Mailing Address, City, State, Zip Code

Home Phone #, Cell Phone #

How did you hear about us?, Email Address

EMERGENCY CONTACT

Name, Relationship

Phone Number

QUESTIONS OR MORE INFO:

Victoria College
Emerging Technology Complex
Conference & Education Center
Attention: Academy of Lifelong Learning
7403 Lone Tree Road
Victoria, TX 77905

Phone: (361) 582-2520

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Payment information form with fields for Charge My: (AMEX, Discover, Mastercard, Visa), Amount, Card No., Expiration Date, CID No., Name on Card, Authorized Signature, Billing Address.

Mail or deliver this form in person. Payment is due at time of registration.



**Victoria College Academy of Lifelong Learning
Release and Waiver of Liability, Assumption of the Risk, and Indemnity Agreement**

This form is a legal release, assumption of risk waiver and covenant not to sue agreement. I, the above-named Member, am eighteen (18) years of age or older, and have voluntarily applied to participate in the Victoria College (“College”) Academy of Lifelong Learning (“ALL”). In consideration of my participation in the ALL, on behalf of myself, my family, heirs, and personal representative(s), I hereby accept all risk to my health and of my injury or death that may result from such participation and I hereby release the above named College, its governing board, officers, employees, and representative (collectively the “Releasees”) from any and all liability to me, my personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to my property and for any and all illness or injury to my person, including death, that may result from or occur during my participation in the ALL, whether cause by negligence of the Releasees, or otherwise.

By my signature herein I hereby acknowledge that there will be times that the nature of an activity or trip may expose me to hazards or risks that may result in my illness, personal injury, or death, and I understand and appreciate the nature of such hazards and risks. I represent that I am physically able, with or without accommodation, to participate in the ALL activities, whether that be an on campus class, day trip where I am driving myself, or a trip where the ALL is providing transportation, and am able to use the equipment and/or supplies associated with these activities.

I understand and agree that Releasees may not have medical personnel available at the location of any activities or on campus. I understand and agree that Releasees are granted permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this Agreement. I understand and agree that Releasees assume no responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment. Should I require emergency medical treatment as a result of accident or illness arising during and activity put on by the ALL, I consent to such treatment. I acknowledge that the College does not provide health and accident insurance for participants in the ALL and I agree to be financially responsible for any medical bills incurred as a result of emergency medical treatment. I will notify College representatives in writing if I have medical conditions about which emergency medical personnel should be informed.

I also authorize the College to use or show any photos of ALL events which include me or my likeness.

I further agree that this Release shall be construed in accordance with the laws of the State of Texas. If any term or provision of this Release shall be held illegal, unenforceable, or in conflict with any law governing this Release the validity of the remaining portions shall not be affected thereby.

I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS THE COLLEGE, ITS BOARD OF REGENTS, EMPLOYEES, AGENTS, AND REPRESENTATIVES FROM ANY LOSS, LIABILITY, DAMAGE OR COST THAT MAY OCCUR DUE IN ANY MANNER OR DEGREE TO MY PARTICIPATION IN THE ACTIVITY LISTED ABOVE.

PARTICIPANT

Signature

Date

Printed Name

FAQS

Listed are frequently asked questions.

How do I sign-up for classes?

A monthly newsletter will be emailed to current members containing upcoming courses and registration deadlines. Payment is due at the time of registration. Members can register the following ways:

In-Person or Mail

You may register in person in the Academy of Lifelong Learning Office:
Victoria College
Emerging Technology Complex
Conference & Education Center, Room 309
7403 Lone Tree Road
Victoria, TX 77905

Via Phone or Email

You may register for classes by calling at (361) 582-2520 or emailing the completed registration form to WCE@VictoriaCollege.edu.

What is the refund policy?

- No refunds are given for Academy of Lifelong Learning membership dues.
- Class fees may be refunded up until the payment/registration deadline.

What is your guest policy?

- Members are allowed to bring one guest per semester to one class with or without a fee. Payment is due at the time of registration.
- Members must contact the Academy of Lifelong Learning Office prior to the class to register their guest.

Do you offer any discounts?

- Anyone who is a member of the Museum of the Coastal Bend will receive \$10 off their annual membership (\$5 off Spring membership)
- Victoria College retirees or employees will receive \$10 off their annual membership (\$5 off Spring membership)
- Discounts may not be combined.

When will monthly newsletters be released?

Monthly newsletters will be released prior to monthly registration opening.

When does registration open each month?

The following Tuesdays at 9 a.m.: Aug. 27, Sept. 24, Oct. 22, Nov. 19

Are class end times exact? Is the maximum number of attendees per class fixed?

Class end times are estimates and may vary. Class sizes are subject to change.

What are your office hours?

Workforce & Continuing Education Office

Fall & Spring Hours

Monday-Friday • 8 a.m.-5 p.m.

Summer Hours

Monday-Thursday • 8 a.m.-5 p.m.
Closed on Fridays

2024-2025 ALL ADVISORY COMMITTEE

Chair – Ms. Sandi Baecker
Vice-Chair – Ms. Lisa Gabrysch
Curriculum Committee Chair – Ms. Elgene Henry
Membership Committee Chair – Ms. Joy Reed
Secretary – Mr. Mark Wieseman

