



The Betty East Tutoring Center at Victoria College

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Ten Ways to Succeed in College

1. Understand why you are in college.
Your college experience will be more rewarding if you name goals and plan ways to achieve them.
2. Attend and participate in class.
Attending all your classes helps absorb as much information as possible and gives a chance to ask questions.
3. Ask questions.
If you don't ask, you won't know. All questions are valuable, and tutors are here to help.
4. Get involved in student activities.
Join a club or play an intramural sport. Both welcome new members. Check with Student Activities in the Student Center for a list of all the activities you can join.
5. Get to know your instructors.
Your instructors teach over 125 students each semester. If you can make an effort to introduce yourself, it may be easier to communicate with that instructor when you have questions or difficulties with course work. Peer tutors have already had many of the same instructors and would be happy to give you some tips for each of your classes.
6. If you are a full-time student, try to work only 10-15 hours a week.
Most students find it difficult to balance a full work load while working over 15 hours a week. If you need to work more hours, you must be very organized. Try using a day planner, and factor in time for tutoring.
7. Use and improve your study habits.
A huge part of your college success involves your learning style, taking good class notes, reading efficiently, and doing well on exams. The Tutoring Center has resources to improve your skills.
8. If you can't avoid stress, learn how to live with it.
It seems that stress is an unavoidable part of our lives. However, there are ways of dealing with it. See a tutor for stress relief techniques.
9. Remember that you are not alone. Talk to someone.
Thousands of students are experiencing the same uncertainties you are. Find strength in support and guidance. Our tutors are trained to offer assistance in a friendly and supportive manner.
10. Learn to appreciate yourself.
You are in college now, and that is a huge accomplishment. You can do this, and the VC Tutoring Center can help.