

# ALL

## Academy of Lifelong Learning Spring 2024 Schedule

### DAY TRIP

Wildlife Wonders & Wine

### HEALTH

Magnificent Magnesium

### COOKING

Cottage Cheese  
Creations

### HISTORY

The Life of  
Eleanor Roosevelt



Est. 1925

Equal Opportunity Institution

*Cover photo courtesy of Debbie Cavallin, ALL Member*

# Live, Learn, Grow

**EVENTS & ACTIVITIES: The following is a quick guide to what ALL has to offer.**

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# WELCOME!

## Workforce & Continuing Education Academy of Lifelong Learning (ALL)

Welcome to our Academy of Lifelong Learning Spring 2024 schedule. The Academy of Lifelong Learning is a member-driven organization for active adults, offering classes and social activities for continued intellectual and personal growth.

- Participate in social activities;
- Share a love of learning with people who will broaden your life;
- Study under the guidance of members who represent a wide range of expertise & life experiences;
- Share your avocation or formal training as an ALL instructor;
- Develop friendships with a diverse group of people;
- Be part of a collective voice of active adults in the community



Contact Us • (361) 582-2520



## How to Become a Member

The annual membership dues for ALL-Victoria are \$60 and renew each fall. Members joining after January 1 will receive a discounted rate of \$40 for the remainder of the year. Membership entitles you to participate in any of the ALL-Victoria activities offered during the fall and spring semesters at no additional charge, with the exception to a few activities that have a supply or travel fee. These are noted in the schedule.

**There are several ways to join ALL-Victoria:**

### IN PERSON

You may join in person in the Workforce & Continuing Education Office:

Victoria College  
Emerging Technology Complex  
Conference & Education Center, Room 309  
7403 Lone Tree Road  
Victoria, TX 77905

### EMAIL

You may become an ALL-Victoria member by emailing the completed membership form and liability release (pages 25 & 26) to [WCE@VictoriaCollege.edu](mailto:WCE@VictoriaCollege.edu).

### MAIL

You may mail the completed membership form and liability release (pages 25 & 26) to:

Victoria College  
Emerging Technology Complex  
Conference & Education Center  
Attention: Academy of Lifelong Learning  
7403 Lone Tree Road  
Victoria, TX 77905



# GAMES

for beginners & advanced players

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## Beginner Pickleball<sup>+</sup>

**Fridays\***

**Feb. 2-May 10**

**8:30-10:45 a.m.**

*(No Pickleball on March 15, March 29, and April 5)*

Pickleball is a paddle sport created for all ages and skill levels that combines many elements of tennis, badminton, and ping-pong. Victoria College's Sports Center will have open gym time on Fridays for beginners and experienced players. Participants are expected to assist in set-up and tear down of courts each day of play.

*\*A paddle may be borrowed for the first couple weeks of play. Attendees will then be encouraged to purchase their own paddles.*

**Class Fee:** \$20

**Maximum:** 36 players

**Location:** VC Sports Center

2200 E. Red River Street, Victoria, TX

## Pickleball for Experienced Players<sup>+</sup>

**Mondays\***

**Feb. 5-May 6**

**8:30-10:45 a.m.**

*(No Pickleball on March 11)*

Pickleball is a paddle sport that combines many elements of tennis, badminton, and ping-pong. It is a fun sport and a great way to exercise. Victoria College's Sports Center will have open gym time on Mondays for experienced pickleball players. Participants are expected to assist in set-up and tear down of courts each day of play.

*\*Attendees must have previously attended Pickleball for Experienced Players or demonstrate basic understanding and proficiency of the game.*

**Class Fee:** \$20

**Maximum:** 36 players

**Location:** VC Sports Center

2200 E. Red River Street, Victoria, TX

## Mah Jongg

**Mondays\***

**Jan. 29-May 13**

**1-5 p.m.**

*(No Mah Jongg on March 11)*

Mah Jongg is a game of Chinese origin usually played by four persons with tiles that are drawn and discarded until one player secures a winning hand. Monday is open playing session for beginner and experienced American and Chinese Mah Jongg players.

**Maximum:** 32 players

**Location:** VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

## Bunco

**Thursdays\***

**Feb. 8, 22**

**March 7, 28**

**April 11, 25**

**May 9**

**2-4 p.m.**

Bunco is an old parlor dice game, played in groups of 4, where teams score points while taking turns rolling three dice. A bunco is achieved when a person rolls 3 sixes. Participants are asked to bring a \$10 donated unwrapped gift to each game day to be used as prizes.

**Maximum:** 32 players

**Location:** VC Emerging Technology Complex

Conference & Education Center, Room 314

7403 Lone Tree Road, Victoria, TX

\*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

## Dominoes

Thursdays\*

Feb. 1, 15, 29

March 21

April 4, 18

May 2

1:30-4:30 p.m.

Dominoes is a family of tile-based games which test both skill and patience. Dominoes will be available during this open-play period for members to play 42, Straight, Moon, and Mexican Train variations.

**Maximum:** 32 players

**Location:** VC Emerging Technology Complex  
Conference & Education Center, Room 314  
7403 Lone Tree Road, Victoria, TX

## Intro to Hand and Foot

Fridays\*

Feb. 2 & 9

11 a.m.

Learn the basics of how to play Hand and Foot in the classroom environment before jumping into live play. If you are new to playing Hand and Foot or need a quick review, this is the class for you!

**Maximum:** 8 players

**Location:** VC Emerging Technology Complex  
Conference & Education Center, Room 314  
7403 Lone Tree Road, Victoria, TX

## Hand and Foot

Fridays\*

Feb. 2-May 10

1:30-4:30 p.m.

*(No Hand and Foot on March 15 and March 29)*

Hand and Foot is a Canasta card game variant played with multiple decks of standard playing cards. The objective is to build melds of cards, with the ultimate goal of forming "books" or sets of seven cards of the same rank.

**Maximum:** 20 players

**Location:** VC Emerging Technology Complex  
Conference & Education Center, Room 314  
7403 Lone Tree Road, Victoria, TX



\*Open Play is contingent on Emerging Technology Complex and Sports Center availability.

# JANUARY

## At a Glance

Jan. 30

Inside the World of Auctioneering

Jan. 30

Collette Travel Presentation

Jan. 31

Insight into ALL- An Interactive Q&A

## Inside the World of Auctioneering

Tuesday

Jan. 30

10 a.m.

Embrace the unique opportunity to step into the fast-paced world of auctioneering as a seasoned professional shares insight into this dynamic profession. From the melodic cadence that keeps the bids flowing to the strategic flair used to engage bidders, attendees will delve into the details of this interesting profession.

**Study Leader:** Joe Adams

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Collette Travel Presentation

Tuesday

Jan. 30

2 p.m.

ALL has partnered with Collette Travel Company to offer exciting domestic and international trips for 2024 and 2025! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- Pacific Northwest and California- August 2024
- Classical Greece- October 2024
- Sunny Portugal- March 2025

**Study Leader:** Mike Sprute, District Sales Manager, Collette

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Insight into ALL- An Interactive Q&A

Wednesday

Jan. 31

10 a.m.

Whether you are a new or seasoned ALL member, this class is for you! Hear the latest updates and changes for the Academy of Lifelong Learning from Program Specialist Marisol Johnson and WCE Director Rachel Nessel. Learn the answers to frequently asked questions and how to get the most out of this organization. Members are encouraged to ask questions and provide suggestions.

**Study Leaders:** Marisol Johnson, ALL Program Specialist, and Rachel Nessel, Director of WCE

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Pizza, Beer, and Mead in Seguin

Nov. 1, 2023



# Thank You

Victoria College extends a thank you to all of the volunteers who help make ALL a success.

Without the many volunteers helping with committees, instructing classes, and organizing activities, ALL would not exist! We appreciate our many community members who have volunteered their time and expertise that allow us to offer a variety of classes. Thank you, ALL volunteers, for proving that learning never goes out of style!

#### Ways to Volunteer:

Join a committee • Help with Open House  
Submit/recruit ideas for new classes  
Become an ALL instructor

For more information, email [WCE@VictoriaCollege.edu](mailto:WCE@VictoriaCollege.edu) or call (361) 582-2520.

VICTORIA COLLEGE



## Take a Book, Leave a Book

Find a book you like?  
**Take it.**

*When you are finished you can:*  
Return it • Keep it • Pass it on to a friend

Have a book you want to share?  
**Leave it.**

The Book Exchange is located on the third floor of VC's Emerging Technology Complex, Conference & Education Center, Room 301.



### Overstreet Restaurant

Tuesday, Feb. 27 • 11:30 a.m.

### Sakura Japanese & Chinese Cuisine

Thursday, March 28 • 11:30 a.m.

### Mi Tierra Mexican Bar & Grill

Tuesday, April 30 • 11:30 a.m.

### Baytown Seafood

Wednesday, May 8 • 11:30 a.m.

# FEBRUARY

## *At a Glance*

**Feb. 1**

Premier World Discovery Travel Presentation

**Feb. 6**

Lifestory Informational Meeting

**Feb. 7**

Tracing the Trail of Trash in Victoria

**Feb. 7**

The 1892 Victoria County Courthouse:  
A Photographic Journey

**Feb. 8**

VPL Book Club: *The Guest List*

**Feb. 8**

Chili Cook Off!

**Feb. 9**

Spectacular Stitches

**Feb. 14**

Crafternoon

**Feb. 15**

Paint Party

**Feb. 20**

Start Your Own Garden

**Feb. 20 • March 5, 19 • April 2, 16, 30 • May 7**

Lifestory

**Feb. 21 AND Feb. 28**

Mosaic Stepping Stone

**Feb. 21**

Hands-On History: Bowl Weaving

**Feb. 22**

Crochet Basics

**Feb. 27**

Faith-Based Yoga

**Feb. 27**

All Around Town Series: *Overstreet Restaurant*

**Feb. 27**

Strike up the Fun- Bowling

**Feb. 28**

Game On: Bring Your Own Fun

**Feb. 29**

Introduction to Mindfulness Meditation

## Premier World Discovery Travel Presentation

**Thursday**

**Feb. 1**

**10 a.m.**

ALL has partnered with Premier World Discovery to offer exciting domestic and international trips for 2024 and 2025! During this presentation, you will learn about these trips and have an opportunity to ask questions.

- Landscapes & Lighthouses of Coastal Maine- September 2024
- Highlights of Italy's Amalfi Coast- November 2024
- Sierra Snow Train- February 2025

**Study Leader:** Kimberly Torres, District Sales Manager, Premier World Discovery

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Lifestory Informational Meeting

**Tuesday**

**Feb. 6**

**1:30 p.m.**

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the informational meeting, participants will learn about Lifestory, including how the sessions are facilitated and what to expect out of each session.

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Tracing the Trail of Trash in Victoria

**Wednesday**

**Feb. 7**

**10 a.m.**

Learn about how the City of Victoria manages its waste and where the future of waste management may lead. At the end of this presentation, attendees will understand how individual actions contribute to the broader goal of environmental preservation and how every resident can be part of Keeping Victoria Beautiful.

**Study Leader:** Christy Youker, PhD, Assistant Director of Environmental Services, City of Victoria

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX



## The 1892 Victoria County Courthouse: A Photographic Journey

Wednesday  
Feb. 7  
1 p.m.

Take a virtual tour through our beautifully restored 1892 County Courthouse and her surroundings. The Courthouse is a masterpiece of Richardsonian Romanesque architecture, featuring spectacular craftsmanship and attention to detail. History at every turn. Transportation is NOT provided.

**Study Leader:** Jeff Wright, Executive Director, Victoria Preservation, Inc.

**Location:** Victoria Preservation, Inc.  
205 W. Goodwin, Victoria, TX

## VPL Book Club: *The Guest List*

Thursday  
Feb. 8  
9:30 a.m.

A glamorous wedding celebration on a remote island turns dark and deadly in this deliciously wicked and atmospheric thriller reminiscent of Agatha Christie. *The Guest List* by Lucy Foley delivers a riveting, page-turning whodunit.

Victoria Public Library is partnering with ALL to host a book review of *The Guest List*. Six books will be available to check out from the library on a first come basis, or members may purchase the book on their own. Enjoy a cup of coffee on ALL during your discussion.

**Maximum:** 15

**Study Leader:** Andrew Hilburn, Adult Librarian, Victoria Public Library

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Chili Cook Off!

Thursday  
Feb. 8  
Noon

Can your chili stand out from the crowd? Bring your best batch of chili, pot of beans, and/or cornbread. Attendees will vote for their favorite in each category and a "people's choice" winner will be announced. Participants are encouraged to share their recipe for Super Bowl food inspiration! Bowls, spoons, napkins and water will be provided.

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Spectacular Stitches

Friday  
Feb. 9  
11:30 a.m.

Enjoy the curated collection of 26 artistic quilts and textile masterpieces, featuring the well-known quilted masterwork *New Dawn* by Caryl Bryer Fallert-Gentry (named one of the top 100 quilts worldwide!) on display at the Chisholm Trail Heritage Museum. Members will enjoy a Dutch-treat lunch at a local restaurant and afternoon sweet treat (Dutch-treat) at a local business. Transportation is NOT provided.

**Class fee:** \$18

**Maximum:** 30

**Location:** Cuero, TX

## Crafternoon

Wednesday  
Feb. 14  
2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials will be provided.

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Strike Up the Fun-Bowling

Aug. 15, 2023



## Paint Party

Thursday

Feb. 15

10 a.m. OR 1 p.m.

Explore your artistic side! Come to a unique art party where no experience is required. Participants will choose between three pre-drawn canvas choices: a gnome, bouquet of flowers, or bird on a branch. Customize the color choices to create a one-of-a-kind piece of art! Transportation is NOT provided.

**Class fee:** \$25

**Maximum:** 20

**Location:** Crossroads Art House  
2914 N. Laurent Street, Victoria, TX

## Start Your Own Garden

Tuesday

Feb. 20

10 a.m.

Learn how to start your own garden from the ground up! Local farmer and Master Gardener Mike Martignoni will address all the common questions that come up in planning a garden. Topics to be addressed include different gardening methods, seasonality (what to plant when), fertilizing, pest control, and more.

**Study Leader:** Mike Martignoni, Texas Master Gardener

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Lifestory

Tuesdays

Feb. 20

March 5, 19

April 2, 16, 30

May 7

1:30 p.m.

Scientific evidence demonstrates the importance of writing and sharing life stories. Learners at all levels of writing skill, including novices, will enjoy writing and sharing their memories. During the Lifestory Workshop, participants will share stories they have written and receive positive feedback.

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Mosaic Stepping Stone

Wednesdays

Feb. 21 and 28

8:30-11:30 a.m. OR 1:30-4:30 p.m.

During this 2-part class, participants will transform a premade concrete stepping stone into a beautiful outdoor decoration with the use of glass and grout. This ancient art form has many modern applications. No previous experience is required.

**Class Fee:** \$30

**Maximum:** 15

**Study Leader:** Lisa Gabrysch, ALL Member  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Hands-On History: Bowl Weaving

Wednesday

Feb. 21

2:30 p.m.



History meets crafting in this class. Participants will be shown one weaving technique used by Native Americans who lived in the Southwestern United States. These baskets and bowls were traditionally made from bark, grass, needles, wicker, or roots. Participants will create their own bowl using yarn and other materials.

**Maximum:** 20

**Study Leader:** Claudia Moseley, Museum Educational Coordinator, Victoria College

**Location:** Museum of the Coastal Bend  
2200 E. Red River Street, Victoria, TX

## Crafternoon

Aug. 16, 2023



## Crochet Basics

Thursday

Feb. 22

1 p.m. OR 3 p.m.

Become immersed in the timeless art of crochet. This introductory course focuses on the foundational skill of creating the classic granny square, a versatile and iconic crochet motif. By mastering the granny square, participants will be ready to journey into the vast and creative world of crochet. Class fee includes yarn, crochet hooks, and stitch markers.

**Class Fee:** \$5

**Maximum:** 10

**Study Leader:** Alyssa Malone, Instructor of Mathematics, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Faith-Based Yoga

Tuesday

Feb. 27

9 a.m.

Enjoy slow, gentle movement for the whole body paired with breath leading to a thoughtful, faith-based meditation. Anyone of any flexibility or experience level will leave feeling relaxed and encouraged by this non-denominational practice. Participants should bring their own mat or blanket. Chair modifications will be available upon request.

**Study Leader:** Linda Devries

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## All Around Town Series: Overstreet Restaurant

Tuesday

Feb. 27

11:30 a.m.

Overstreet Restaurant is the place to go if you're in the mood for gourmet burgers, delicious sandwiches, hand-battered chicken fried steaks, mouthwatering ribeye steaks, or delectable desserts. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

**Location:** Overstreet Restaurant  
604 N. Esplanade Street, Cuero, TX



## Strike up the Fun- Bowling

Tuesday

Feb. 27

2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

**Class Fee:** \$8

**Maximum:** 29

**Location:** Century Lanes  
3401 John Stockbauer Drive, Victoria, TX

## Game On: Bring Your Own Fun

Wednesday

Feb. 28

2-4 p.m.

Calling all game enthusiasts! Whether you're a fan of strategy, trivia, card games, or cooperative adventures, this class provides the perfect setting to showcase your game collection and bond with fellow game enthusiasts. Grab your favorite games and join fellow ALL members for an unforgettable afternoon of laughter, strategy, and endless fun. Attendees can bring one, or a few, of their favorite games to play with the group. Let the games begin!

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Introduction to Mindfulness Meditation

Thursday

Feb. 29

10 a.m.

Mindfulness is a powerful tool that has grown in popularity in recent years. With the benefits of meditation becoming clearer with recent research, we are beginning to understand just how useful mindfulness may be. From helping relieve stress to improving sleep, mindfulness practice has helped millions find relief from difficulties. In this course, you will learn the basics of mindfulness meditation and be able to practice with confidence.

**Study Leader:** Brittany Proctor, M.A., LPC, LCDC,  
Professional Counselor, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

# MARCH

## *At a Glance*

### **March 5**

Magnificent Magnesium

### **March 5**

Topics in Psychology: The Silent Twins

### **March 6**

VPL Book Club: *Killers of the Flower Moon*

### **March 6**

Crafternoon

### **March 7**

From ALL to COO

### **March 19**

Get the Facts: The Nutrition Facts Label

### **March 19**

Strike up the Fun- Bowling

### **March 20-21**

Austin Overnight Trip

### **March 26**

Get the Facts: Fat

### **March 26**

Breaking the Equation: Women Pioneers of Math

### **March 27**

Cottage Cheese Creations

### **March 27**

The Metropolitan Opera Live: *Romeo et Julliette*

### **March 28**

All Around Town Series:

*Sakura Japanese & Chinese Cuisine*

## **Magnificent Magnesium**

**Tuesday**

**March 5**

**10 a.m.**

Join Ricky De La Garza as he presents a holistic perspective on maintaining optimal health through magnesium-rich lifestyles. Whether you're curious about nutritional aspects, wellness strategies, or the broader implications of this essential element, Ricky will illuminate the path to a deeper understanding of the vital role magnesium plays in our daily lives.

**Study Leader:** Ricky De La Garza, EMS CE Coordinator & Instructor, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## **Topics in Psychology: The Silent Twins**

**Tuesday**

**March 5**

**3 p.m.**

"The Silent Twins," June and Jennifer Gibbons, were identical twins who exhibited the phenomenon of folie à deux, a rare psychiatric disorder where shared delusions exist between close individuals. The twins developed their own secret language and communicated solely with each other. Their behavior included criminal activities, leading to their institutionalization. Take a deep dive on this historical psychological case study and come with an open and inquisitive mind.

**Study Leader:** Chelsea Bradley, Assistant Professor of Psychology, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## **Orphan Train Movement**

*Aug. 22, 2023*



**VPL Book Club:**  
***Killers of the Flower Moon***  
**Wednesday**  
**March 6**  
**9:30 a.m.**

*Killers of the Flower Moon: The Osage Murders and the Birth of the FBI* by David Grann is a twisting, haunting true-life murder mystery about one of the most monstrous crimes in American history. This gripping narrative unveils the chilling murders of Osage Indians, whose lucrative oil wealth sparked a sinister plot.

Victoria Public Library is partnering with ALL to host a book review of *Killers of the Flower Moon*. Six books will be available to check out from the library on a first come basis, or members may purchase the book on their own. Enjoy a cup of coffee on ALL during your discussion.

**Maximum:** 15

**Study Leader:** Andrew Hilburn, Adult Librarian, Victoria Public Library

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

**Crafternoon**  
**Wednesday**  
**March 6**  
**2-4 p.m.**

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials will be provided.

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

**From ALL to COO**  
**Thursday**  
**March 7**  
**10 a.m.**

Reconnect with former ALL Program Specialist, Jennifer Mann, as she shares her journey from Academy of Lifelong Learning Program Specialist to Chief Operating Officer of Key Concepts Marketing. In the 3 short years since leaving ALL, Jennifer has managed to finish her bachelor's degree and climb the corporate ladder, all while being a mom and wife. Hear how she used skills learned from ALL, and each of you, to prepare her for her career.

**Study Leader:** Jennifer Mann, Chief Operating Officer, Key Concepts Marketing

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

**Get the Facts: The Nutrition Facts Label**  
**Tuesday**  
**March 19**  
**10 a.m.**

This 4-session series focuses on how to read the Nutrition Facts label to make healthy food choices and identify portion sizes, fat, sodium, and added sugars found in food. In this session, participants will understand how to use the basic components of the nutrition facts label to make food choices that are better for themselves and their families. Participants are encouraged to attend all four sessions to receive a certificate at the conclusion.

**Study Leader:** Extension Agent, Texas A&M AgriLife Extension

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

**AATS-Texas Seafood**

Aug. 17, 2023



## Strike up the Fun- Bowling

Tuesday

March 19

2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

**Class Fee:** \$8

**Maximum:** 29

**Location:** Century Lanes

3401 John Stockbauer Drive, Victoria, TX

## Austin Overnight Trip

Wednesday-Thursday

March 20-21

TBD

Embark on an enriching overnight trip to Austin, where you can immerse yourself in the heart of Texas history and culture. Day one will include a guided tour of the Texas State Capital building, the Texas State Cemetery, and Dutch-treat meals. Day two will include a visit to the Bullock Texas State History Museum and Dutch-treat meals. Transportation and hotels will NOT be provided.

**Class Fee:** \$70

**Minimum:** 12

**Location:** Austin, TX

## Get the Facts: Fat

Tuesday

March 26

10 a.m.

This 4-session series focuses on how to read the Nutrition Facts label to make healthy food choices and identify portion sizes, fat, sodium, and added sugars found in food. In this session, participants will understand how different types of fat can influence our health and how to identify the fat content of foods based on the nutrition facts label. Participants are encouraged to attend all four sessions to receive a certificate at the conclusion.

**Study Leader:** Extension Agent, Texas A&M AgriLife Extension

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Breaking the Equation: Women Pioneers of Math

Tuesday

March 26

2 p.m.

Join in on an enlightening journey through history, uncovering the profound contributions of remarkable women who, often against societal norms, significantly impacted mathematics and science. Alyssa Malone will illuminate the pivotal roles women have played in shaping the mathematical landscape and advancing scientific frontiers across different eras.

**Study Leader:** Alyssa Malone, Instructor of Mathematics, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

Meetings • Events • Conferences  
for 1 to 500+ guests [ConferenceInVictoria.com](https://ConferenceInVictoria.com)



VICTORIA COLLEGE  
Emerging Technology Complex

## Cottage Cheese Creations

Wednesday

March 27

10 a.m.

Explore the versatile and delicious world of cottage cheese from savory dishes to treats that satisfy the sweet tooth. Attendees will discover inventive recipes that showcase cottage cheese as a star ingredient, imparting both flavor and nutritional value to every dish. With demonstrations and tastings, attendees will leave with newfound inspiration to bring cottage cheese into their kitchens.

**Class Fee:** \$6

**Maximum:** 40

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## The Metropolitan Opera Live: *Romeo et Juliette*

Wednesday

March 27

1 p.m.

Two singers at the height of their powers—radiant soprano Nadine Sierra and tenor sensation Benjamin Bernheim—come together as the star-crossed lovers in Gounod's sumptuous Shakespeare adaptation, with Met Music Director Yannick Nézet-Séguin on the podium to conduct one of the repertoire's most romantic scores. Attendees will enjoy the live screening MET Opera performance of *Romeo et Juliette*. Transportation is NOT provided.

**Class Fee:** \$23

**Location:** Cinemark 12  
7806 N. Navarro Street, Victoria, TX

## All Around Town Series: *Sakura Japanese & Chinese Cuisine*

Thursday

March 28

11:30 a.m.



Known for their friendly service, this hidden gem Asian Fusion restaurant offers hibachi, sushi, sashimi, rolls, Chinese food, desserts, wine, sake, and more. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

**Location:** Sakura Japanese & Chinese Cuisine  
6306 N. Navarro Street, Victoria, TX

## AATS- Froggy's Grub & Pub

Sept. 6, 2023



# Looking for that perfect gift?

Consider an ALL membership for a friend or family member.

# APRIL

## *At a Glance*

**April 2**

Get the Facts: Sodium

**April 2**

Spring Migration Birding: A Lecture

**April 3**

The Life of Eleanor Roosevelt

**April 3**

Murder Mystery Game: Death at the Dive Bar

**April 3**

Yoga In Nature

**April 9**

Get the Facts: Sugar

**April 9**

Little Flower of the Wildwood: Geyata Ajilvsgi

**April 10**

Golden Crescent CASA

**April 10**

Crafternoon

**April 11**

Coastal Charms: South Texas Botanical Gardens & Nature Center

**April 16**

Step into Style: DIY Canvas Sneakers

**April 16**

Natural Dyes with Native Plants

**April 17**

Ice Cream School

**April 18**

3D Printing

**April 23**

Dinner Tonight: Exploring Cultures

**April 23**

Strike up the Fun- Bowling

**April 24**

Narcan Training & The Fentanyl Epidemic

**April 24**

Line Dancing

**April 25**

Our Midnight Work: The Life-Saving Whooping Cough Vaccination

**April 30**

All Around Town Series: *Mi Tierra Mexican Bar & Grill*

**April 30**

Spring Migration Birding: A Field Trip

## Get the Facts: Sodium

**Tuesday**

**April 2**

**10 a.m.**

This 4-session series focuses on how to read the Nutrition Facts label to make healthy food choices and identify portion sizes, fat, sodium, and added sugars found in food. In this session, participants will understand how sodium can influence health and how to identify sodium content of foods based on the nutrition facts label. Participants are encouraged to attend all four sessions to receive a certificate at the conclusion.

**Study Leader:** Extension Agent, Texas A&M AgriLife Extension

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Spring Migration Birding: A Lecture

**Tuesday**

**April 2**

**3 p.m.**

Discover why the Texas Gulf Coast is the place to be to enjoy the wonders of spring migration. Cheryl Johnson, award winning photographer and naturalist, will introduce members to spring migration including timing, species, and the best locations to enjoy in our area and beyond. Attendees will receive an "Explore Texas Journal" packed with over 200 pages of information.

**Class Fee:** \$15

**Study Leader:** Cheryl Johnson, Owner, Backyard Bird Nerd  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## The Life of Eleanor Roosevelt

**Wednesday**

**April 3**

**10 a.m.**

Eleanor Roosevelt was a remarkable leader who redefined the role of First Lady and worked tirelessly to protect civil and human rights all over the world. Her many interests and projects have had a long and important impact on the citizens of the United States and the world. Come, learn, and participate in this presentation of the woman, her life, and her influence.

**Study Leader:** Reba Roberson, ALL Member  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX



## Murder Mystery Game: Death at the Dive Bar

Wednesday  
April 3  
1:30 p.m.

ALL is partnering with the Victoria Public Library to bring an immersive murder mystery experience to you! Old Scratch Tavern seems like your average small town dive bar... until the owner, Nick Webster, falls from a cliff behind his roadside establishment. And though the authorities rule his death an accident, one of Nick's loyal employees isn't so sure. Channel your inner detective to unravel a twisted tale of foul play and catch a killer.

**Study Leader:** Andrew Hilburn, Adult Librarian, Victoria Public Library  
**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Yoga In Nature

Wednesday  
April 3  
4 p.m.

Gentle yoga is a form of yoga that demonstrates easy and simple poses that may help with health issues such as lower back pain, sciatica, and even stress. It can help you regain strength and flexibility. This session will focus on yoga poses that will help you feel better in your body. Participants should bring their own mat, blanket, or chair. Transportation is NOT provided.

**Study Leader:** Danna Garland, ALL Member  
**Location:** Riverside Park, Victoria, TX  
(The exact location will be given before class.)

## Get the Facts: Sugar

Tuesday  
April 9  
10 a.m.

This 4-session series focuses on how to read the Nutrition Facts label to make healthy food choices and identify portion sizes, fat, sodium, and added sugars found in food. In this session, participants will understand how added sugar can influence health and how to identify added sugar content of foods based on the nutrition facts label. Participants are encouraged to attend all four sessions to receive a certificate at the conclusion.

**Study Leader:** Extension Agent, Texas A&M AgriLife Extension  
**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Little Flower of the Wildwood: Geyata Ajilvsgi

Tuesday  
April 9  
4 p.m.

Trace the milestones of botanist, author, photographer, and naturalist Geyata Ajilvsgi's life. Through her field work, photographs, and published writings Geyata made a considerable contribution to our knowledge of Texas plants and butterflies. Learn how her unique perspective shaped her contributions to botany and environmental education.

**Study Leader:** Beth Hudson, ALL Member and Texas Master Naturalist, Mid-Coast Chapter  
**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX



## Art of Tortilla Making

Sept. 13, 2023



## Golden Crescent CASA

Wednesday

April 10

10 a.m.

Golden Crescent CASA (Court-Appointed Special Advocates) serves as a lifeline for children navigating the complexities of the foster care system. Learn about the organization's mission, the essential role of CASA volunteers in the legal and social welfare processes, and the profound impact volunteers can have on the lives of children in need.

**Study Leader:** Charlene Moreno, Community Engagement Specialist, Golden Crescent CASA

**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Crafternoon

Wednesday

April 10

2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials will be provided.

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Coastal Charms: South Texas Botanical Gardens & Nature Center

Thursday

April 11

8:30 a.m.

Enjoy a day at the South Texas Botanical Gardens & Nature Center exploring the beautiful gardens and floral exhibits, tropical parrots, resident reptiles, seasonal butterfly house, and nature trails. Members will enjoy a Dutch-treat lunch at a local restaurant. Transportation will be provided.

**Class Fee:** \$45

**Maximum:** 28

**Location:** Corpus Christi, TX

## Step into Style: DIY Canvas Sneakers

Tuesday

April 16

9:30 a.m.

Grab a pair of white canvas tennis shoes and join the fun of painting and personalizing them! Embrace your individual style and create something that is uniquely your own. Participants must bring their own pre-washed, white canvas tennis shoes (slip on or lace up shoes). All other materials will be provided, including fabric paints, rhinestones, and fun shoe laces.

**Class Fee:** \$20

**Maximum:** 20

**Study Leader:** Sandi Baecker, ALL Member

**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Natural Dyes with Native Plants

Tuesday

April 16

3 p.m.



Explore the rich pigments hidden within Texas's native flora. By sourcing native plants and utilizing the sun, Janie von Dohlen uses sustainable and eco-friendly methods to create natural dyes for fabric and yarn. Learn how to bring a touch of Texan nature into your textile creations.

**Study Leader:** Janie von Dohlen, Texas Master Naturalist, Mid-Coast Chapter

**Location:** VC Emerging Technology Complex Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Ice Cream School

Wednesday

April 17

10 a.m. OR 1 p.m.

Gather together and celebrate the frozen treat that has been delighting taste buds for centuries! First, embark on a delicious journey through the captivating history of ice cream. Then, dive into the art and science of ice cream making by experimenting with various methods to craft these creamy delights. Lastly, share in the joy of playing ice cream themed games. Participants will receive an apron and chef's hat to keep. Transportation is NOT provided.

**Class Fee:** \$25

**Maximum:** 20

**Location:** The Green Cow Creamery  
102 S. Main Street, Victoria, TX

## 3D Printing

Thursday

April 18

10 a.m.

3D printing is a marvel of modern engineering. Learn what 3D printers are, how they are presently used, and some current limitations with the technology. Attendees will then see the machine in action and witness the magic of layer-by-layer fabrication of a small item.

**Maximum:** 20

**Study Leader:** Rebecca LaCroix, Library Assistant II, Victoria College

**Location:** VC Library

Victoria College Main Campus,  
2200 E. Red River Road, Victoria, TX

## Dinner Tonight: Exploring Cultures

Tuesday

April 23

10 a.m.

Learn to make informed food choices and develop healthful eating habits. This exploring cultures class will include an appetizer from central Mexico, a main dish of Indian cuisine, and a dessert from Poland. Tastings and dinner inspiration will be included.

**Study Leader:** JJ Jansen, County Extension Agent, Texas A&M AgriLife Extension

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Strike up the Fun- Bowling

Tuesday

April 23

2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

**Class Fee:** \$8

**Maximum:** 29

**Location:** Century Lanes

3401 John Stockbauer Drive, Victoria, TX

## Narcan Training & The Fentanyl Epidemic

Wednesday

April 24

10 a.m.

Engage in a critical and potentially life-saving exploration of the opioid crisis, specifically focusing on the alarming rise of fentanyl-related incidents. Attendees will be equipped with the knowledge and skills needed to recognize an opioid or fentanyl emergency and ability to administer Narcan, a medication designed to rapidly reverse opioid overdose. Be empowered with the tools and understanding needed to make a difference in times of crisis.

**Study Leader:** Ricky De La Garza, EMS CE Coordinator & Instructor, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Line Dancing

Wednesday

April 24

2 p.m.

Time to put on your dancing shoes and bust a move! Join Dr. Deborah Pedraza for line dancing to a variety of music genres. You might recognize many of these songs and dances, and may even learn some new ones!

**Study Leader:** Dr. Deborah Pedraza, Associate Professor of Mathematics & Engineering, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Game On- Bring Your Own Fun

Sept. 6, 2023



## Our Midnight Work: The Life-Saving Whooping Cough Vaccination

Thursday  
April 25  
2:30 p.m.

Delve into the inspiring narrative of two trailblazing scientists, Pearl Kendrick and Grace Eldering. In the mid-20th century when whooping cough posed a significant threat, Kendrick and Eldering embarked on groundbreaking work to develop a vaccine. Their relentless dedication and meticulous research led to the creation of the first effective pertussis vaccine, a triumph that dramatically impacted public health worldwide.

**Study Leader:** Margaret Janowski-Bell, Biology Professor, Victoria College

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## All Around Town Series: Mi Tierra Mexican Bar & Grill

Tuesday  
April 30  
11:30 a.m.



Victoria's newest Mexican restaurant is serving Victoria with a wide variety of fajitas, seafood, steaks, and a full bar! Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

**Location:** Mi Tierra Mexican Bar & Grill  
2001 John Stockbauer Drive, Victoria, TX

## Spring Migration Birding: A Field Trip

Tuesday  
April 30  
3 p.m.

Let the adventure begin! Experience migration first hand with a field trip to Port Aransas birding hot spots. Binoculars, cameras, and journals are recommended to enhance your experience. Please arrive prepared with clothing, shoes, and drinking water appropriate for a walk. Transportation is NOT provided.

**Study Leader:** Cheryl Johnson, Owner, Backyard Bird Nerd

**Location:** Port Aransas, TX  
(The exact location will be given before class.)

## Home Remedies for Everyday Health Ailments

Sept. 12, 2023



# VICTORIA COLLEGE ALUMNI & Friends

*Building a strong and lasting  
relationship between Victoria College  
and its ever-growing family of alumni.*

### Who Can Join?

Victoria College is home to a wide variety of learners, and our alumni are just as diverse. If any part of your journey included Victoria College, you're a part of our family.

### Membership Benefits

- Welcome packet with window decal
- Subscription to the Alumni & Friends Newsletter
- Networking, leadership, and volunteer opportunities
- Invitations to special alumni events

Join Online:  
[VictoriaCollege.edu/Alumni](https://VictoriaCollege.edu/Alumni)

**CONNECT  
WITH US!**



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**FACEBOOK**

**Victoria College  
Academy of Lifelong Learning**

## EXTRA OPPORTUNITIES

DATE	EVENT/ACTIVITY	TIME	LOCATION
Feb. 27	<b>LYCEUM LECTURE: Jeff Henderson</b>	Noon	VC's Emerging Technology Complex
March 2	<b>Hands-on History: Texas Independence Day Author Fair</b> We're celebrating Texas authors! Participate in a day of literary events with authors who are from Texas, have lived in Texas, or write about Texas. Authors will participate in book signings, individual book sales, author readings, and discussions about their books. Headline speaker is Louise S. O'Connor, author of <i>Cryin' for Daylight: A Ranching Culture in the Texas Coastal Bend</i> and other titles.	10 a.m.-3 p.m.	Museum of the Coastal Bend
March 2	<b>JOHN W. STORMONT LECTURE SERIES: An Interview with Louise S. O'Connor</b> Join us for a conversation with Louise O'Connor, author of <i>Cryin' for Daylight: A Ranching Culture in the Texas Coastal Bend</i> and other titles. Her photographic portraits of African American cowboys of the Coastal Bend region have been exhibited at the Briscoe Center for American History and other museums. O'Connor lives on her ranch in Victoria County, Texas. A book-signing will immediately follow the presentation.	2 p.m.	Museum of the Coastal Bend
March 7	<b>JOHN W. STORMONT LECTURE SERIES: Archaeology Updates</b> Instructors for the Texas Archaeological Society Geoarchaeology Academy, held bi-annually at the Museum of the Coastal Bend, will provide updates on their recent work and latest discoveries throughout Texas and the region.	5:30 p.m.	Museum of the Coastal Bend
March 21	<b>JOHN W. STORMONT LECTURE SERIES: Sky and Shadow presented by Dr. Karen Hagan</b> Dr. Hagan is an Instructor of History at Victoria College. Her talk will focus on the impact of World War II airfields on the society and culture of small Texas towns.	2 p.m.	Museum of the Coastal Bend
April 12	<b>JOHN W. STORMONT LECTURE SERIES: Prehistory in Victoria and the Coastal Bend</b> In partnership with the UHV Bicentennial Symposium, the Museum of the Coastal Bend presents a panel of experts to discuss prehistory in Victoria and the Coastal Bend. This panel is organized by Dr. Heather Para, Exhibits and Collections Manager at the museum.	10 a.m.	Museum of the Coastal Bend
May 2	<b>17th Annual Spring Artisans Market</b> Shop unique, handmade items for Mother's Day, Father's Day, graduation and spring gardening needs.	11 a.m.-6 p.m.	Museum of the Coastal Bend
May 3	<b>Hands-on History: Discover the Snoqualmie Tribe</b> Nychelle Schneider leads a discovery talk about the Snoqualmie Tribe.	4-6 p.m.	Museum of the Coastal Bend

Visit [MuseumOfTheCoastalBend.org](http://MuseumOfTheCoastalBend.org) for additional spring events, still being scheduled!

# MAY

## At a Glance

### May 1

Composting: From Scraps to Soil

### May 1

Game On: Bring Your Own Fun

### May 2

Wildlife Wonders & Wine

### May 7

Sew Your Own: Placemats Reinvented

### May 8

All Around Town Series: *Baytown Seafood*

### May 8

Crafternoon

### May 9

Knot It Up: Macramé Plant Hanger

### May 14

Strike up the Fun- Bowling

### May 15

Loteria

### May 16

End-of-Year ALL Celebration

## Game On: Bring Your Own Fun

Wednesday

May 1

2-4 p.m.

Calling all game enthusiasts! Whether you're a fan of strategy, trivia, card games, or cooperative adventures, this class provides the perfect setting to showcase your game collection and bond with fellow game enthusiasts. Grab your favorite games and join fellow ALL members for an unforgettable afternoon of laughter, strategy, and endless fun. Attendees can bring one, or a few, of their favorite games to play with the group. Let the games begin!

**Study Leader:** Marisol Johnson, ALL Program Specialist

**Location:** VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

## Wildlife Wonders & Wine

Thursday

May 2

8:30 a.m.

Take a walk on the wild side with the exotic animals at Carriages, Camels and Critters. Then wind down at San Ducerro Vineyards with a tasting of their 100% Texas wine and tour of their facility. Attendees should wear clothes and shoes appropriate for walking on a working farm. Members will enjoy a Dutch-treat lunch at a local restaurant. Transportation will be provided.

**Class Fee:** \$60

**Maximum:** 28

**Location:** Hallettsville, TX

## Sew Your Own: Placemats Reinvented

Tuesday

May 7

1 p.m.

Indulge in the joy of creating something truly unique by repurposing placemats into a functional zipper tote bag. Some sewing machines will be available for use, but participants are encouraged to bring their own machine if they have one. All materials will be provided. Any sewing skill level welcome!

**Class Fee:** \$15

**Maximum:** 10

**Study Leader:** Karen Greer, Member, Quilt Guild of Greater Victoria

**Location:** VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

## Composting: From Scraps to Soil

Wednesday

May 1

10 a.m.

It's a rotten business! Discover the art and science of turning kitchen and garden waste into nutrient-rich gold for soil. Attendees will delve into the diverse benefits of composting, learning how it enriches soil, reduces waste, and fosters an eco-friendlier lifestyle. Become empowered to create a healthier, more sustainable community through the simple yet powerful act of composting.

**Study Leader:** David Hensley, Texas Master Gardener

**Location:** VC Emerging Technology Complex

Conference & Education Center

7403 Lone Tree Road, Victoria, TX

## All Around Town Series: Baytown Seafood

Wednesday  
May 8  
11:30 a.m.



Enjoy this easy-going dining option featuring a variety of baked, grilled, and fried seafood. The menu is full of choices for appetizers, seafood, pastas, and Cajun cuisine. Join your fellow ALL members for a Dutch-treat lunch. Transportation is NOT provided.

**Location:** Baytown Seafood  
4010 Houston Highway, Victoria, TX

## Crafternoon

Wednesday  
May 8  
2-4 p.m.

Take a break from the hustle and bustle of daily life and immerse yourself in a world of creativity. In this laid-back class you can color or bring your own crafts to complete. Crafternoon offers a space for you to unwind, explore your artistic side, and connect with fellow creatives. Coloring materials will be provided.

**Study Leader:** Marisol Johnson, ALL Program Specialist  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Knot It Up: Macramé Plant Hanger

Thursday  
May 9  
10 a.m. OR 2 p.m.

Dive into the world of intricate knotting techniques and craft your very own macramé plant holder! Learn the art of macramé knotting, transforming sturdy cords into functional and aesthetically pleasing plant hangers. Participants will create one macramé plant hanger.

**Class Fee:** \$8  
**Maximum:** 10  
**Study Leader:** Marisol Johnson, ALL Program Specialist  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## Strike up the Fun- Bowling

Tuesday  
May 14  
2:30 p.m.

Bowling is played by 120 million people in more than 90 countries, and you can be one of them! Century Lanes is a bowling center with 32 recently remodeled AMF lanes and a Bowl Land automatic scoring system. Enjoy a full-service lounge, pool tables, lockers, pro shop, a video arcade and snack bar. Bowl with fellow ALL members for a rolling good time! Class fee includes 2 games and shoe rental. Transportation is NOT provided.

**Class Fee:** \$8  
**Maximum:** 29  
**Location:** Century Lanes  
3401 John Stockbauer Drive, Victoria, TX

## Loteria

Wednesday  
May 15  
2 p.m.

Join your fellow ALL members and become transported into the lively world of Lotería, a traditional Mexican game that combines luck, strategy, and vibrant imagery. With colorful cards depicting iconic symbols like El Corazón (The Heart) and La Sirena (The Mermaid), players will experience cultural richness in each draw. Prizes, light snacks, and refreshments will be provided.

**Class Fee:** \$5  
**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

## End-of-Year ALL Celebration

Thursday  
May 16  
11:30 a.m.

Enjoy a potluck lunch with all your ALL friends. Bring a dish (and your recipe) to share with fellow members and enjoy each other's company. Recipes can be sent prior to the party or one copy may be brought to the event. Recipes will be compiled and emailed to attendees. Drinks, plates, and utensils will be provided.

**Location:** VC Emerging Technology Complex  
Conference & Education Center  
7403 Lone Tree Road, Victoria, TX

# TRAVEL WITH ALL

## Collette Trips

**Aug. 2024: Pacific Northwest and California**



**Oct. 2024: Classical Greece**



**March 2025: Sunny Portugal**



**TRAVEL PRESENTATION  
INFORMATION**  
(see page 6)

## Premier World Discovery Trips

**Sept. 2024: Landscapes & Lighthouses of Coastal Maine**



**Nov. 2024: Highlights of Italy's Amalfi Coast**



**Feb. 2025: Sierra Snow Train**



**TRAVEL PRESENTATION  
INFORMATION**  
(see page 8)





## Academy of Lifelong Learning Membership Form & Liability Release

New Member     Returning Member    Do you need a name tag?  Yes  No

### MEMBERSHIP OPTIONS

- Spring Membership-\$40
- Discounts (*Only 1 discount can be applied*)
  - Museum of the Coastal Bend Member-\$35     VC Retirees/Employees-\$35

Last Name	First	MI	Social Security Number ( <i>Optional</i> )	Date of Birth	Sex
Mailing Address			City	State	Zip Code
Home Phone #			Cell Phone #		
How did you hear about us?				Email Address	

### EMERGENCY CONTACT

Name	Relationship
Phone Number	

### QUESTIONS OR MORE INFO:

Victoria College  
 Emerging Technology Complex  
 Conference & Education Center  
 Attention: Academy of Lifelong Learning  
 7403 Lone Tree Road  
 Victoria, TX 77905

Phone: (361) 582-2520

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<b>Charge My:</b> <input type="checkbox"/> AMEX <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> Visa	Amount:	Card No.:	Expiration Date:	CID No.:
Name on Card:			Authorized Signature:	
Billing Address:				

**Mail or deliver this form in person. Payment is due at time of registration.**



**Victoria College Academy of Lifelong Learning  
Release and Waiver of Liability, Assumption of the Risk, and Indemnity Agreement**

This form is a legal release, assumption of risk waiver and covenant not to sue agreement. I, the above-named Member, am eighteen (18) years of age or older, and have voluntarily applied to participate in the Victoria College (“College”) Academy of Lifelong Learning (“ALL”). In consideration of my participation in the ALL, on behalf of myself, my family, heirs, and personal representative(s), I hereby accept all risk to my health and of my injury or death that may result from such participation and I hereby release the above named College, its governing board, officers, employees, and representative (collectively the “Releasees”) from any and all liability to me, my personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to my property and for any and all illness or injury to my person, including death, that may result from or occur during my participation in the ALL, whether cause by negligence of the Releasees, or otherwise.

By my signature herein I hereby acknowledge that there will be times that the nature of an activity or trip may expose me to hazards or risks that may result in my illness, personal injury, or death, and I understand and appreciate the nature of such hazards and risks. I represent that I am physically able, with or without accommodation, to participate in the ALL activities, whether that be an on campus class, day trip where I am driving myself, or a trip where the ALL is providing transportation, and am able to use the equipment and/or supplies associated with these activities.

I understand and agree that Releasees may not have medical personnel available at the location of any activities or on campus. I understand and agree that Releasees are granted permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this Agreement. I understand and agree that Releasees assume no responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment. Should I require emergency medical treatment as a result of accident or illness arising during and activity put on by the ALL, I consent to such treatment. I acknowledge that the College does not provide health and accident insurance for participants in the ALL and I agree to be financially responsible for any medical bills incurred as a result of emergency medical treatment. I will notify College representatives in writing if I have medical conditions about which emergency medical personnel should be informed.

I also authorize the College to use or show any photos of ALL events which include me or my likeness.

I further agree that this Release shall be construed in accordance with the laws of the State of Texas. If any term or provision of this Release shall be held illegal, unenforceable, or in conflict with any law governing this Release the validity of the remaining portions shall not be affected thereby.

**I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS THE COLLEGE, ITS BOARD OF REGENTS, EMPLOYEES, AGENTS, AND REPRESENTATIVES FROM ANY LOSS, LIABILITY, DAMAGE OR COST THAT MAY OCCUR DUE IN ANY MANNER OR DEGREE TO MY PARTICIPATION IN THE ACTIVITY LISTED ABOVE.**

PARTICIPANT

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

# FAQS

Listed are frequently asked questions.

## How do I sign-up for classes?

A monthly newsletter and registration form will be emailed to current members containing upcoming courses and registration deadlines. These documents can also be found on our webpage. Payment is due at the time of registration. Members can register the following ways:

### ***In-Person or Mail***

You may register in person in the Workforce & Continuing Education Office:  
Victoria College  
Emerging Technology Complex  
Conference & Education Center, Room 309  
7403 Lone Tree Road  
Victoria, TX 77905

### ***Via Phone or Email***

You may register for classes by calling (361) 582-2520 or emailing the completed registration form to [WCE@VictoriaCollege.edu](mailto:WCE@VictoriaCollege.edu).

## What is the refund policy?

- No refunds are given for Academy of Lifelong Learning membership dues.
- Class fees may be refunded up until the payment/registration deadline.

## What is your guest policy?

- Members are allowed to bring one guest per semester to one class with or without a fee. Payment (if applicable) is due at the time of registration.
- Members must submit a Guest Form to the Workforce & Continuing Education Office prior to the registration deadline to register their guest. Guest Forms can be found on our webpage and in our office.

## Do you offer any discounts?

- Members of the Museum of the Coastal Bend will receive \$10 off their annual membership (\$5 off Spring membership).
- Victoria College retirees or employees will receive \$10 off their annual membership (\$5 off Spring membership).
- Discounts may not be combined.

## When will monthly newsletters be released?

Monthly newsletters will be released prior to monthly registration opening.

## When does registration open each month?

Jan. 22, Feb. 19, March 25, and April 22

## What are your office hours?

Workforce & Continuing Education Office

### ***Fall & Spring Hours***

Monday - Friday, 8 a.m. to 5 p.m.

### ***Summer Hours***

Monday - Thursday, 8 a.m. to 5 p.m.  
Closed on Fridays

## 2023-2024 ALL ADVISORY COMMITTEE

Chair – Mr. David Peters  
Vice-Chair – Ms. Sandi Baecker  
Membership Committee Chair – Ms. Joy Reed  
Curriculum Committee Chair- Ms. Elgene Henry  
Secretary- Ms. Lisa Gabrysch

